



FRANKE
TOBEY
JONES

Enjoy your age

Medical Care for Independent Residents

A reminder to Independent Residents...The nursing staff in Assisted Living or the Care Center are unable to provide any direct medical care to IL residents. The care team is unable to provide wound care, medical advice or any sort of assessments. Franke Tobey Jones does not have any health-related information for IL residents. Other than emergency situations, staff are not authorized to provide care to residents outside of those admitted to Skilled Nursing, Assisted Living or Memory Care.

The 2026 Resident Handbook Is Here!

We're pleased to announce that the newly updated **2026 Resident Handbook** is now available. This comprehensive edition has been thoughtfully revised to ensure information is clear, current, and easy to navigate.

For your convenience, the handbook can be accessed instantly by scanning the QR code to the right. We encourage all residents to review the updated policies, guidelines, and helpful resources.



Knit Wits Group

The Knit Wits is a sewing, knitting, embroidery group that is open to anyone who has any kind of craft project that you sit for...and you'd like to be in the company of others while doing it. The Knit Wits meet in the **Tobey Jones Parlor** on Thursdays at 2:00pm. They'd love for you to join them!



Mahjong Group

If you are interested in playing American Mahjong, a group of residents meet every Tuesday in the Garden Apartment's lounge on the 2nd floor from 1:15pm to 3:30pm.

If you enjoy Mahjong, they welcome new players. Contact Cynthia Hammer for more information or just come on Tuesday.

MENU			
	<i>Menu subject to change due to supply shortages</i>	Mar-09 To Mar-15	<i>Green Goddess Grain Bowl</i>
	BREAKFAST	DINNER	SUPPER
M			
O	Chilled Fruit	Minestrone Soup	Beef Noodle Soup
N	Assorted Fruit Juices	Fruit Salad	Mixed Green Salad
D	Old Fashioned Oatmeal	Mixed Green Salad	Pasta Bolognese
A	Fried Egg	Bruschetta Turkey Cutlet	Grilled Bacon & Cheese Sandwich
Y	Pork Sausage Links	Crispy Baked Pollock	Citrus Basil Roasted Vegetables
09	Toast	Farfalle Pasta	French Fries
	Whole Milk	Italian Vegetable Blend	Banana Yogurt Coffee Cake
	Coffee	Roasted Cauliflower	
		Chocolate Almond Ganache Cake	
T		Asian Chicken & Mushroom soup	
U	Chilled Fruit	Macaroni Salad	Cauliflower Cheese Soup
E	Assorted Fruit Juices	Mixed Green Salad	Mixed Green Salad
S	Cream of Wheat	Beef and Mushroom Meatloaf	Ginger Sesame Salad with Chicken
D	Bacon	Smothered Pork	Lemon Chive Shrimp Salad Slider
A	Cheese Omelet	Smashed Red Potatoes	Potato Chips
Y	Toast	Roasted Beets with Thyme	Peas & Carrots
10	Whole Milk	Green Beans Almondine	Black Forest Brownies
	Coffee	Key Lime Mousse	
W			
E	Chilled Fruit	Roasted Tomato Tortilla Soup	Vegetarian Split Pea Soup
D	Assorted Fruit Juices	Mixed Green Salad	Mixed Green Salad
N	Old Fashioned Oatmeal	Coleslaw	Bacon and Cheddar Breakfast Strata
E	Scrambled eggs	Roasted Chicken Thigh	Monte Cristo Sandwich
S	Ham Steak	Italian Meatballs	Tater Tots
D	Banana Bacon Muffin	Spaghetti Noodles	Steamed Broccoli
A	Whole Milk	Italian Blend Vegetables	Cherry Coconut Bars
Y	Coffee	Roasted Brussels Sprouts	
11		Pineapple Crisp	
T		Chicken Mulligatawny Soup	
H	Chilled Fruit	Fruit Jello Salad	Navy Bean Soup
U	Assorted Fruit Juices	Mixed Green Salad	Mix Green Salad
R	Cream of Wheat	Roast Pork Loin	Cumin Shrimp Quesadilla
S	Sausage Patty	Fried Chicken	Cheeseburger
D	Poached Egg	Mashed Sweet Potatoes	Sweet Potato Fries
A	Buttermilk Pancakes	Roasted Carrots	Steamed Corn
Y	Whole Milk	Sautéed Spinach with Garlic	Marble Cake with Chocolate Icing
12	Coffee	Snickerdoodle Cookie	
		New England Clam Chowder	
F	Chilled Fruit	Apple Jicama Slaw	New England Clam Chowder
R	Assorted Fruit Juices	Mixed Green Salad	Mixed Green Salad
I	Old Fashioned Oatmeal	Herb Crusted Roast Beef	Apple Cheddar Walnut Salad
D	Bacon	Grilled Oysters	Grilled Fish Sandwich
A	Fried Egg	Au Gratin Potato	French Fries
Y	Apple Caramel Muffin	Apple Braised Cabbage	Stewed Tomatoes
13	Whole Milk	California Steamed Vegetables	Chocolate Chip Cookie
	Coffee	Blueberry Pie	
S		Chicken Vegetable Soup	
A	Chilled Fruit	Mixed Green Salad	Turkey Noodle Soup
T	Assorted Fruit Juices	Cottage Cheese	Mixed Green Salad
U	Classic Grits	Sole Francese	Baked Ziti with Italian Sausage
R	Scrambled Egg	Smoked Turkey Breast	Caesar Salad with Grilled Chicken
D	Hash Browned Potatoes	Rice and Peas	Garlic Bread
A	Turkey Sausage link	Steamed Cauliflower	Fresh Zucchini with Garlic & Basil
Y	Whole Milk	Garlic Roasted Green Beans	Asst Dessert
14	Coffee	Chocolate Ice Cream	
		American Bounty Vegetable Soup	
S	Chilled Fruit	Mixed Green Salad	Cream Of Potato Soup
U	Assorted Fruit Juice	Marinated Kale Salad	Mixed Green Salad
N	Cream of Wheat	Braised Beef Goulash	Macaroni & Cheese
D	Poached Egg	Grilled Salmon	BBQ Pulled Pork Sandwich
A	Bacon	Egg Noodles	French Fries
Y	Cinnamon Roll	Simply Grilled Tricolor Peppers	Mixed Vegetables
15	Whole Milk	Baja Roasted Vegetables	Pound Cake w/ Strawberry Sauce
	Coffee	Lemon Meringue Pie	