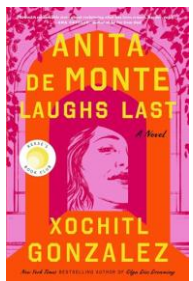




Literary League Book Club: Anita De Monte Laughs Last

Join us as we discuss *Anita De Monte Laughs Last* by Xochitl Gonzalez
About the book: 1985. Anita de Monte, a rising star in the art world, is found dead in New York City; her tragic death is the talk of the town-- until it isn't. By 1998 Anita's name has been all but forgotten, and certainly by the time Raquel, a third-year art history student, is preparing her final thesis. On College Hill, surrounded by privileged students whose futures are already paved for them, Rachel feels like an outsider. Students of color, like her, are the minority there, and the pressure to work twice as hard for the same opportunities is no secret. But when Raquel becomes romantically involved with a well-connected older art student, she finds herself unexpectedly rising up the social ranks. As she attempts to straddle both worlds, she stumbles upon Anita's story, raising questions about the dynamics of her own relationship, which eerily mirrors that of the forgotten artist. Moving back and forth through time and told from the perspectives of both women, *Anita de Monte Laughs Last*, is a propulsive, witty examination of power, love, and art, daring to ask who gets to be remembered and who is left behind in the rarefied world of the elite.

Thursday, June 25 at 2:00 pm in the Bristol View 1st Floor Bowditch Room



Discover Drums! Learning Percussion and Drum Circle

Join us to experience what music making can be like as part of a real drum circle! No prior experience is needed, and all instruments and materials are provided by the Tacoma Youth Symphony Association. Through these classes, you'll learn the basics of playing percussion instruments, try out instruments such as a djembe, frame drum, talking drum, and more! Grow your drum skills in this fun and engaging environment. Please RSVP. Friday, June 5, June 12, June 19, & June 26 at 10:00 am in the Bristol View 1st Floor Bowditch Room



Explore the Tacoma Historical Society

Learn about the unique history of Tacoma, Washington at the Tacoma Historical Society where they forge connections between generations, foster an appreciation for the past, and cultivate a sense of place within our community. Please RSVP. Admission is free! Join us Wednesday, June 17 from 1:30 – 3:30 pm for this Field Trip (Bus departs the Bistro at 1:30 pm)

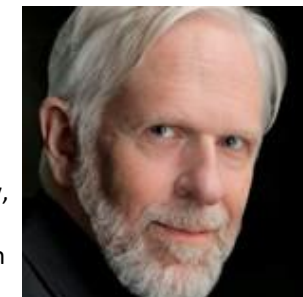


Fairytales in Opera

Join Senior U for an overview of fairytale operas including discussion of familiar tales, traditions of different countries, and modern inventions. Wednesday, June 10, June 17, & June 24 from 10:00 – 11:30 am in the Bristol View 1st Floor Bowditch Room.

Instructor Bio:

Dr. Glenn Guhr is a singer, actor, director, and teacher active in the Puget Sound region for the last 30 years. Dr. Guhr is also a performer and educator, with experience in vocal and dramatic instruction, lecturing on music history, and outreach performance programs. Dr. Guhr acted as Tacoma Opera's Production/Education and Outreach Manager during the Covid shutdown and subsequent reopening, arranging dozens of short, online recitals and directing several opera films for online viewing. His most recent directorial efforts have been with the Kitsap Opera. Dr. Guhr has an MM in Music History from Kansas State University and a DMA in Voice from the University of Washington. He is currently on the voice faculty of Pacific Lutheran University and the Tacoma Music Academy.



Campus Location

5340 N Bristol Street
Tacoma, WA 98407
253.752.6621

Classes are FREE of charge, unless otherwise marked.

The opinions and views expressed by the speakers and students of Senior University do not necessarily reflect the views of FTJ.

Courses are unaccredited personal enrichment and cannot be used toward a degree or certification.

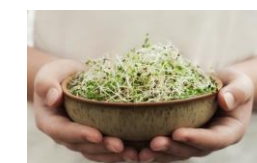
indicates fee and registration required

* indicates registration required

Let's Sprout!: A Commune Course

In this co-hosted course with Senior University and Holistic Wellness, watch pre-recorded presentations over 4 weeks (running June 16 – July 7). Learn about all things sprouts in this course with Doug Evans, including why they're so good for you and how to grow them in your own kitchen easily, affordably, and safely.

Tuesday, June 16, June 23, & June 30 at 2:00 pm in the Tobey Jones Parlor



Tuesday, June 2, June 9, June 16, June 23, & June 30

Great Courses: *Social Media 101**

This DVD course runs from May 12 – July 7.

11:00 am, Bristol View 1st Floor Bowditch Room

Tuesday, June 2 & June 9

Intermittent Fasting: A Commune Course*

Watch pre-recorded presentations over 4 weeks (running May 19 – June 9).

2:00 pm, Tobey Jones Parlor

Wednesday, June 3

Symphony Tacoma, Then and Now*

Tacoma music historian Kim Davenport will share her short documentary created in honor of Symphony Tacoma's 75th anniversary season and look into the future as the organization prepares for its transition to leadership under just its fourth conductor. This program made possible by a generous donation from Beth Lamanna to Senior University.

10:00 am, Bristol View 1st Floor Bowditch Room

Wednesday, June 3

Documentary Discussions: *Tattoo Nation**

How did tattoos go from something that was put on you to an expression that comes from within you?

2:00 pm, Bristol View 1st Floor Bowditch Room

Thursday, June 4

The Declaration of Independence: Principles, Paradoxes, and Promises*

As we celebrate our nation's 250th birthday, let's take a few minutes to look at the document that started it all. What were the principles (and politics!) that motivated the colonists to declare independence? What paradoxes and contradictions does the Declaration present? Finally, what promises did the Declaration make to people as diverse as Elizabeth Cady Stanton, Frederick Douglass, Abraham Lincoln...and you?

11:00 am, Bristol View 1st Floor Bowditch Room



Thursday, June 4

Israel/Palestine: The One- v. The Two-State Solution*

This presentation is an examination of the prospects for the two-state solution and of the viability of the one-state solution as an alternative for Israel and Palestine. This program made possible by a generous donation to Senior University.

3:00 pm, Bristol View 1st Floor Bowditch Room

Friday, June 5, June 12, June 19, & June 26

Discover Drums! Learning Percussion and Drum Circle*

10:00 am, Bristol View 1st Floor Bowditch Room

Wednesday, June 10, June 17, & June 24

Fairytales in Opera*

10:00 – 11:30 am, Bristol View 1st Floor Bowditch Room

Wednesday, June 10

Nature Around Tacoma Series: Birding at Wapato Lake*

Learn from Tacoma Nature Center staff what to look for to identify birds and how to use binoculars. Walk around the lake looking for young waterfowl and turn toward the trees to hear and spot songbirds. This will be a paved walk

2:00 pm, Field Trip (Bus leaves the Bistro at 1:30 pm)

Thursday, June 11

Holistic Wellness Series: Metabolic Health*

Learn how metabolism changes with age and discover practical ways to boost energy, maintain a healthy weight, and support longevity

11:00 am, Bristol View 1st Floor Bowditch Room

Thursday, June 11

Blacks in Rembrandt's Time: The Culture of Race in 17th-century Dutch Art*

This talk aims to recover an aspect of art history that has long been neglected or suppressed. It focuses on Africans who were often depicted in 17th-century Dutch art as the racial "Other." This talk explores the various lenses that 17th-century Dutch viewers may have used, when confronting these unusual artworks.

3:00 pm, Bristol View 1st Floor Bowditch Room



Friday, June 12

Make a Collaged Concertina Book*

A concertina book is created by folding paper in a special accordion style to create a multi-page book. We will first collage and print a large sheet of paper, using a gel printing plate to apply layers of paint in large, overlapping areas. Then we will cut and fold the books, revealing a different composition on each page. We'll add two covers and a closure for a complete book. All supplies are included. No art experience necessary!

2:00 – 4:00 pm, Tobey Jones Craft Room

Tuesday, June 16, June 23, & June 30

Let's Sprout!: A Commune Course*

2:00 pm, Tobey Jones Parlor

Wednesday, June 17

Explore the Tacoma Historical Society*

Please RSVP. Admission is free!

1:30 – 3:30 pm, Field Trip

(Bus departs the Bistro at 1:30 pm)

Thursday, June 18

Hot Topics – A Political Discussion Group*

Join us as we discuss, share, and learn about current local, national, and international topics in a safe and respectful environment open to varying views.

10:00 am, Garden Apartments Parlor

Thursday, June 18

Great Decisions: Ukraine and the Future of European Security*

The Trump administration has signaled an intention to reduce its security role in Europe. What are America's stakes in NATO and Europe's strategic dilemmas, and how might Europe respond?

2:30 pm, Zoom (Pre-register to receive the Zoom link)

Friday, June 19

Create a "Necklace Satchel" for Your Phone or Glasses*

Starting with a simple rectangular bag base made of linen, upholstery fabric, or quilt scraps, you will create a unique and useful bag that can be worn around your neck to keep your phone or glasses handy. All supplies are included, and no crafting experience is necessary to enjoy this class.

2:00 – 4:00 pm, Tobey Jones Craft Room

Wednesday, June 24

William Blake's *The Marriage of Heaven and Hell**

This lecture examines *The Marriage of Heaven* (1790), a book of illustrated writings by William Blake (1757-1825), British Romantic era poet, painter, political dissident, and "visionary prophet." Aided by the William Blake Digital Archive we will examine this early work from various interpretive angles—formal, artistic, mythical, psychological, political, theological, philosophical—and immerse ourselves in his composite art, where verbal and visual elements create a uniquely profound aesthetic, intellectual, and for some, spiritual experience. This program made possible by a generous donation to Senior University.

2:00 pm, Bristol View 1st Floor Bowditch Room

Thursday, June 25

Literary League Book Club: *Anita De Monte Laughs Last**

Join us as we discuss *Anita De Monte Laughs Last* by Xochitl Gonzalez

2:00 pm, Bristol View 1st Floor Bowditch Room

Friday, June 26

American Musics Hosted by EJ Crocker: Stories on 6 Strings*

For an extra special edition of our American Musics Series, join internationally acclaimed guitarist Tim Lerch and your host EJ as they romp through blues, jazz, country, and funk tunes.

4:00 pm, MJ Wicks Wellness Center



FRANKE TOBEY JONES

SENIOR UNIVERSITY

Non scholae sed vitae discimus.
We do not learn for school but for life.

Legend

Registration and fee

* Registration, no cost