



FRANKE
TOBEY
JONES

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Resident Board Member Process

The Franke Tobey Jones Board of Directors will have an opening next year for a possible resident Board member. If you're interested in learning more about the requirements and election process, please join the Board and Governance Committee Chairs **on Tuesday, May 19 at 2pm** in the Wellness Center. Current FTJ resident Board members will share their experiences.

RSVP to Melissa Dempsey at mdempsey@franketobeyjones.com or 253-756-6366.

Lunch Bunch "Moctezuma's"

Friday, May 8 Bus departs at 11:40 am. **Cost: Meal**

Moctezuma's is Puget Sound's premier dining destination for quality Mexican cuisine. The flavors and aromas truly come alive at their restaurants, with only the freshest ingredients selected for their guests. Well known for their Tequila Flaming Fajitas, Molcajete Mixto and wide variety of Authentic Mexican Tacos made with fresh handmade tortillas! Enjoy time with your fellow residents and some authentic Mexican food. Spots are limited to 11 people. Sign up at LP Front Desk

NW Repertory Singers Concert

FTJ will be attending **the Sunday May 17th** performance of the NW Repertory Singers **at 3:00pm**. Look for a flyer in your FTJ internal mailbox with additional details. If you want to ride the bus but purchase your own tickets to the performance, please call the LP front desk to signup and let them know you are purchasing your own ticket. If you want Heidi to purchase your ticket for you, please fill out the flyer and return it to the LP front desk or email her your request for purchasing your ticket. If you have questions reach out via email at hwhite@franketobeyjones.com or phone at 253-756-6284.

From the Maintenance Desk

It is time for the Annual window washing. Window washers will be on campus during the month of May. They will start on May 11th and finish on May 15th.

If you have any questions, please contact the work order line at ext. 1293 or 253-756-6293



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Garden Committee Update

The Garden area will be cleaned up in May. There is a need, for safety reasons, to pressure wash the mold off the concrete in the garden area. Vicki has scheduled this for the near future.



There are un-labeled pots and cloth bags in multiple locations in the garden area. This includes those materials in the greenhouse. Please claim and identify all your pots so they are not discarded when the pressure washing is done. Please have this done by the 15th of May.

Until May 31 unlabeled pots and cloth bags will be up to claiming by any non-owners. After the 31st all un-labeled pots will be discarded.

A Day at the Races!

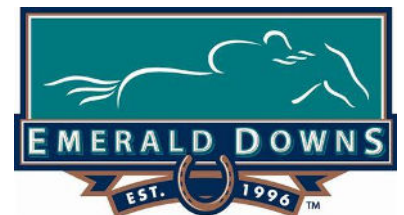
Franke Tobey Jones is going to the races at Emerald Downs and you're invited! Enjoy an afternoon at the races as you watch multiple live horse races from the Grandstand. One of the races will be named after FTJ and 10 people will have the opportunity to go to the padlocks just before the FTJ race to watch the horses parade and trainers give the jockeys final instructions. Then you'll watch the FTJ race from the Winners Circle, a commemorative photo will be taken. Included in this outing is a box lunch. Trip is capped at 20 people.

Trips and tours policy applies to this trip.

To sign up you must register with Heidi via email or phone at 253-756-6284 or hwhite@franketobeyjones.com **no later than May 15th.**

Saturday, June 20th, bus departs at 12:30pm

Cost: \$55 (ticket and box lunch included)



Raffle Baskets

In the next two weeks Franke Tobey Jones will be holding a raffle for some exciting baskets filled with all kinds of goodies to enjoy. The proceeds will be going to our Franke Tobey Jones clinical department in the care center. Please check your FTJ internal mailbox for dates, location, basket items, and ticket price details.

Thank you for your participation and continued support for our Franke Tobey Jones Staff.



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Making A Difference Recognition



Tracy Relic – Clinical Services

Tracy’s bright spirit never fades. She brings sunshine into every room! She has a wonderful sense of humor. She follows through every request in a timely manner. That is rare in this kind of environment where there are a lot of demands and not a lot of staff to respond to them. We are lucky to have her here! (Resident)



Jon Swingle – Maintenance

My dishwasher wasn’t working so Jon came over and fixed the problem quickly. As usual, he was not only helpful but cheerful. He also informed me that my car tab had expired. That attention to detail was truly above, beyond, and extremely helpful. (Resident)

On a cold, snowy evening, Jon was asked to fix the shower. He ended up replacing the entire shower mechanism. I told him twice to go home due to the snow, but he was determined to finish the job, which he did. Thank you, Jon! (Resident)



Kristina Atkins – Clinical

Kristina went above and beyond showing concern for a resident who was experiencing medical issues. She was proactive in making sure the issue was addressed and the resident was returned from the doctor and settled. Kristina showed care and professionalism in managing the situation. (Co-worker)



Katie Baker – Philanthropy

Katie is incredibly hard-working. As a relatively new employee, she’s taken on every new task and challenge with creativity and a positive attitude. Her genuine personality and compassion make her a wonderful person to work with and a great neighbor for the residents by her office. I’m so grateful Katie is working here! (Co-worker)



Priscilla Cabutotan – Housekeeping

All FTJ team members are great, making this a special place to live, but Priscilla is extraordinary. Her smile and greeting each day make my morning sunnier. When Priscilla is done cleaning our unit, it’s not just clean, it’s Priscilla clean”! (Resident)

This award is a shout out to employees for whom doing their job is routinely making every day meaningful. It recognizes Franke Tobey Jones’ employees whose action are noted to exemplify any of the values listed in **“My Team Member Promise: Make Every Day Meaningful.”** These values reflect actions that promote quality of life for each **Resident**, teamwork among our employee **Team** and employee **Self** development!



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Hello! Here is this week's menu. We think you will love it!

DATE **April 27th-May 3rd**

MONDAY BREAKFAST Fresh Fruit Cup Oatmeal Scrambled Eggs Potato Home Fries Sausage Links Orange Cranberry Muffin	TUESDAY BREAKFAST Fresh Fruit Cup Cream of wheat w/ Raisins Cheese Omelet Bacon Strips Potato Pancake Texas French Toast	WEDNESDAY BREAKFAST Fresh Fruit Cup Oatmeal Ham & Cheese Quiche Potato Home Fries Cinnamon Coffeecake	THURSDAY BREAKFAST Fresh Fruit Cup Cream of Wheat w/ Raisins Scrambled Eggs Bacon Strips Sweet Potato Home Fries Blueberry Pancake	FRIDAY BREAKFAST Fruit Cup Oatmeal Cheese Strata Fruit & Cottage Cheese Plate Sausage Links Chocolate Chip Muffin	SATURDAY BREAKFAST Fruit Cup Cream of Wheat w/ Raisins Scrambled Egg Bacon Strips Home Fries Quick Banana Bread	SUNDAY BREAKFAST Fruit Cup Oatmeal Ham Hash and Cheese Sausage Links Cinnamon Roll
MONDAY LUNCH Tortilla Soup w/ Black Beans Garden Salad Fennel Roasted & Roasted Apple Salad Chicken Mushroom Fricassee Spaghetti Carbonara Herbed Couscous Eggplant Artichoke and Tomato Roasted Asparagus Wheat Roll Frosted Orange Cake	TUESDAY LUNCH Turkey Rice Soup Garden Salad Artichoke w/ Tomato Vinaigrette Salisbury Steak Baked Fish Cod Potato Dijonnaise Broccoli Polonaise Roasted Herb Carrots Wheat Roll Blueberry Buckle	WEDNESDAY LUNCH Tomato Florentine Soup Garden Salad Lemon Herb Tabbouleh Mojo Braised Pork Tuscan Stew Borracho Pinto Beans Fried Plantains Herb Roasted Tomato White Roll Frosted Banana Cupcake	THURSDAY LUNCH Potato Leek Soup Garden Salad Tossed Cucumber & Tomato Coconut Chicken Curry Lamb Meatballs Jasmine Rice Sauteed Bok Choy Sauteed Vegetable Blend Wheat Roll Peanut Butter Brownie	FRIDAY LUNCH Clam Chowder Garden Salad Tomato & Cucumber Salad Pork Tenderloin w/ Grilled Medallions Maple Miso Dijon Salmon Brown Rice Steamed Broccoli Roasted Cauliflower Wheat Roll Macaroon Bar	SATURDAY LUNCH Chicken Noodle Soup Garden Salad Lettuce Tossed Salad no tomatoes Turkey Shepherd's Pie Beef Teriyaki Strips White Rice Buttered Carrots Vegetable Stir Fry Cherry Pie	SUNDAY LUNCH Chunky Beef and Bean Chili Garden Salad Basil Corn Salad Lemon Mustard Chicken Marinated Flank Steak Whipped Potatoes Aleppo Green Beans Glazed Carrots Wheat Roll Apple Crisp
MONDAY DINNER Mushroom Artichoke and Spinach Soup Garden Salad Turkey and Swiss Melt Tuna Pasta Salad Baked Sweet Potato Fries Steamed Snap Peas Roasted Yellow Squash Cinnamon Baked Apple	TUESDAY DINNER Cauliflower & Cheese Soup Garden Salad Corned Beef Reuban Sandwich Asparagus & Tomato Frittata French Fried Potatoes Roasted Basil Zucchini Apricot Dream Bar	WEDNESDAY DINNER Chicken Orzo Soup Garden Salad Chicken Club Sandwich Veggie Cobb Salad Potato Chips Roasted Gold & Red Beets Buttermilk Biscuit Chocolate Cake	THURSDAY DINNER Corn Beef Cabbage Soup Garden Salad Spinach and Chickpea Stew German Bratwurst on a Bun Warm German Potato Salad Eggplant and Roasted Peppers Naan Bread Double Chocolate Chip Cookies	FRIDAY DINNER Clam Chowder Garden Salad Cumin and Coriander Chicken Thigh Shrimp Salad Po' Boy Sandwich Parslied Potato Chayote Sauteed Squash Italian Vegetables Wheat Roll Chocolate Mousse Pie	SATURDAY DINNER French Onion Soup Garden Salad Pulled Carolina BBQ Pork on a Bun Seafood Salad Plate Sweet Potato Fries Creamy Coleslaw Hawaiian Roll Tapioca Pudding	SUNDAY DINNER Vegetable and Wild Rice Soup Garden Salad French Dip Sandwich Chicken Caesar Salad w/o Dressing Parmesan Potato Wedges Sauteed Mushrooms and Onions Sauteed Vegetable Blend Wheat Roll Strawberry Shortcake