



# Gathering Points

(253) 756-0601

Pt. Defiance~Ruston

## MOVIE CLUB



The movie program has been restructured to follow a format similar to our Book Club. On the **third Monday** of each month the club will watch a movie previously chosen. On the **fourth Monday**, the club meets again to discuss the film and select the movie for the following month.

## COMMUNITY PROGRAMS

**Dog Walk w/Kate & Hershey**  
1st Saturday of the month  
Baltimore Park at 9:30 a.m.

**Breakfast Club w/Kate Gray**  
2nd Saturday of the month.  
Meet at IHOP on Mildred St,  
10:00a.m.

**Prime Time Hop w/ Ron Yaden**  
3rd Thursday of the month. Meet  
at North End on Pearl, 3:30 p.m.

**Prime Time Plates w/Chris Johns**  
4th Thursday of the month. Meet  
at Coopers at 4:00 p.m.

**Game Day w/Cookie**  
Last Saturday of the month.  
Meet at the Senior Center at 10:00  
a.m.

## INCLUSIVITY

At Pt. Defiance~Ruston Senior Center, operated by Franke Tobey Jones, we strive to maintain an environment where all participants, family members, team members, and our partners, feel welcomed, valued and respected. We believe each person's unique contribution to our collective well-being and that through a blend of diverse ideas, background and experiences, we learn, grow and support one another.

## FRONT DESK VOLUNTEERS: MANDATORY TRAINING

There will be a mandatory Front Desk Volunteer Training on Wednesday, June 3, at 10:00 a.m. See Kate if you cannot make this meeting.

## ORIGINS OF PRIDE CONT'D.

Christopher Street Liberation Day Parade to mark the one-year anniversary.

- **1994:** To mark the 25th anniversary, a mile-long rainbow flag was carried through Manhattan, with sections used for an impromptu protest at St. Patrick's Cathedral.
- **1999/2000:** President Bill Clinton issued the first official federal proclamations for Pride.
- **2015:** On June 26, the Supreme Court legalized same-sex marriage nationwide in Obergefell v. Hodges (following the 2013 U.S. v. Windsor ruling in which their marriage was legalized).

Previously, in **1978**, artist **Gilbert Baker** designed the first rainbow flag for San Francisco's Gay Freedom Day. The original eight-color design was eventually simplified to six colors due to production costs. Today, the movement continues to evolve with various flags representing the many diverse subcommunities within the LGBTQIA+ spectrum.

During this Pride month, we recognize the years of struggle for equality and the continued path toward equity

## AMERICAN MAHJONG AT FTJ

**When:** Tuesdays, 1:00 - 3:00 p.m.  
**Where:** Garden Apartments  
**Contact:** Linda Ford at 253-752-4317

# Center Highlights

Operated by Franke Tobey Jones

## COFFEE ANGEL NEEDED!

Coffee costs are rising, and we are brewing more than ever. We are looking for a generous donor to help restock our supplies.

**How to Help:** Drop off any brand of coffee at the front office. Your donation keeps our community caffeinated and is greatly appreciated!

## CHINESE

The Chinese class is currently on **summer break**. Sessions will resume this **fall**.

## COMMUNITY PROGRAMS CONT'D.

- 2nd Saturday of the month.
- **Game Day:** Now held on the **last Saturday** of the month.

In addition, our Dog Walk has returned after being off through the winter.

- **Dog Walk:** Will occur the **first Saturday** of the month. It will run through September.

We appreciate your flexibility as we adjust our calendar to make room for more activities!

## Joke of the Month

"Are you my caddie?" asked the golfer  
"Yes, sir," replied the boy.  
"And are you any good at finding lost balls?"  
"Yes, sir."  
"Right, then. Find one and let's start the game."  
—Stan Saacks



## RIDDLE CENTRAL ANSWER

His horse is named June.



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## SAVE THE DATES



## PARTIES

- △ June 25 - Independence Day
- \*△ October 2 - Bratwurst, Beer and the Band (Puget Sounds)
- △ October 30 - Halloween Party
- \*△ November 24 - Thanksgiving
- \*△ December 22 - Holiday Party

## CLOSURES

- July 3 - Independence Day
- September 7 - Labor Day
- November 26 - Thanksgiving
- December 25, 2026 - Christmas

## June

By John Updike

The sun is rich  
And gladly pays  
In golden hours,  
Silver days,

And long green weeks  
That never end.  
School's out.  
The time is ours to spend

There's Little League,  
Hopscotch, the creek,  
And, after supper,  
Hide-and-seek.

The live-long light  
Is like a dream  
And freckles come  
Like flies to cream.



## SENIOR FARMERS MARKET

Pierce County seniors can now apply for the **Senior Farmers Market Nutrition Program (SFMNP)** to purchase fresh, local produce, honey, and herbs.

## Apply Today:

**Web:** [piercecountywa.gov/farmersmarket](http://piercecountywa.gov/farmersmarket)

**Phone:** 253-798-4600

## Key Details:

- **Deadline:** Apply **May 1 – Sept 30** (First-come, first-served).
- **Renewal:** You **must** re-apply every year; old cards are expired.
- **Usage:** Benefits expire **Oct 31**. Use your card or the mobile app at participating vendors.

## Eligibility:

- **Pierce County residents** aged 60+ (55+ for AI/AN).
- **Monthly Income:** 1 person (\$2,461) | 2 people (\$3,337).

## What's Included:

- **YES:** Fresh fruits, vegetables, honey, and fresh-cut herbs.
- **NO:** Meat, eggs, cheese, seafood, dried goods, or plants.

## COMMUNITY PROGRAM UPDATE: SCHEDULE CHANGES

To accommodate our upcoming day trips, we are making the following permanent changes to our Saturday schedule:

- Breakfast Club: Now held on the

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## RIDDLE CENTRAL

A man rode into a town with his horse on the 25th of June. He stayed in the town for 3 weeks, then left in June. How is this possible?



JUNE 2026

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## THE STONEWALL UPRISING AND THE ORIGINS OF PRIDE

June is Pride Month, commemorating the June 28, 1969, uprising at the Stonewall Inn in NYC. At a time when homosexuality was illegal in nearly every state, police raided the Mob-owned bar, but were met with a spontaneous revolt against police brutality and discriminatory laws. It was an unprecedented resistance from patrons and local youth. The true power of Stonewall lies in marginalized people reclaiming their narratives from a society that criminalized them. Who threw the first brick doesn't matter to a community—led by trans women of color and gender-nonconforming individuals—decided to fight back. The uprising escalated until police were forced to barricade themselves inside the bar.

## Milestones of the Movement

- **1970:** Activist **Brenda Howard** organized the first Pride Week and

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## BOOK CLUB

The Senior Center Book Club meets the 3rd Thursday to discuss that month's book.

**June** - The Women by Kristin Hannah



**July** - TBD

**August** - All The Light We Cannot See by Anthony Doerr

**September** - A Fever In The Heartland by Timothy Egan

**October** - Three Days in June by Anne Tyler



MON	TUE	WED	THU	FRI
<b>1</b> 8:30 Hand 'n Foot (D) <b>9:00 Pickleball (weather permitting)</b> 10:00 *Strength and Balance (M) 11:00 *Stretch & Dance (M) 12:00 *Lunch (D) 12:30 Chess (D) <b>1:00 <sup>Δ</sup> VA Benefits w/Steele Financial (C)</b> 1:30 Ping Pong (M) 2:30 Tai Chi (M)	<b>2</b> 9:00 Beg. Drawing (XC) 9:30 Pinochle (D) <b>9:30 <sup>Δ</sup> All Premier Trips (M)</b> 10:00 Drawing w/John (XC) 11:00 *Beg. Line Dance (M) 12:00 Lunch (D) <b>12:30 Am/CHN Mahjong (C)</b> <b>1:00 Sing-along (M)</b> 3:15 Tap Dancing (M) 6:30 Martial Arts (M)	<b>3</b> <b>9:00 E-bike Rebate Info Table (D)</b> 9:00 Crochet & Knitting Group (D) 10:00 *Strength and Balance (M) 11:00 *Stretch & Dance (M) 11:00 Euchre (D) 12:00 *Lunch (D) 12:30 *Acupuncture (M) 12:30 Cribbage (C) 1:30 Ping Pong (M) <b>2:45 *Line Dance</b>	<b>4</b> 9:00 Ukulele (M) 9:30 Pinochle (D) 10:00 Mexican Train Dom. (C) 10:15 Piano (XM) 12:00 *Lunch (D) 1:00 SAIL Class (M) 1:00 Cozy Crafters (D) 1:00 Women's Group (C) 2:00 Caregiver's Resource Grp (C) <b>2:15 <sup>Δ</sup> Beginning Piano (XM)</b>	<b>5</b> 9:30 Spades (C) 10:00 *Strength & Balance (M) 11:00 *Stretch & Dance (M) 12:00 * <sup>Δ</sup> FTJ Lunch 12:00 Bridge (C) 1:00 Spanish (D) 2:00 Creative Writing (C) 2:30 Tai Chi (M) <b>9:30 <sup>Δ</sup> Sat. Dog Walk</b> <b>9:00 *<sup>Δ</sup> Sat. Museum of Flight</b>
<b>8</b> 8:30 Hand 'n Foot (C) <b>9:00 Pickleball</b> 10:00 *Strength and Balance (M) 11:00 *Stretch & Dance (M) 12:00 *Lunch (D) 12:30 Chess (D) <b>1:00 Bingo with Arlene (D)</b> 1:30 Ping Pong (M) <b>2:00 Writer's Forum (C)</b> 2:30 Tai Chi (M)	<b>9</b> 9:00 Beg. Drawing (XC) 9:30 Pinochle (D) 10:00 Drawing w/John (XC) 11:00 *Beg. Line Dance (M) 12:00 Lunch (D) 12:30 Am/CHN Mahjong (C) <b>1:00 Sing-along (M)</b> 3:15 Tap Dancing (M) 6:30 Martial Arts	<b>10</b> 9:00 Crochet & Knitting Group (D) 10:00 *Strength and Balance (M) 11:00 <sup>Δ</sup> <b>Calligraphy (C)</b> 11:00 *Stretch & Dance (M) 11:00 Euchre (D) 12:00 *Lunch (D) 12:30 Cribbage (C) 1:30 Ping Pong <b>2:45 *Line Dance</b>	<b>11</b> 9:00 Ukulele (M) 9:30 Pinochle (D) 10:00 Mexican Train Dom. (C) 10:15 Piano (XM) 11:00 Blood Pressure Ck (FD) 12:00 *Lunch (D) 1:00 SAIL Class (M) 1:00 Cozy Crafters (D) 1:00 Apple User Group (C) <b>2:15 <sup>Δ</sup> Beginning Piano (XM)</b>	<b>12</b> 9:30 Spades (C) 10:00 *Strength & Balance (M) 11:00 *Stretch & Dance (M) 12:00 * <sup>Δ</sup> FTJ Lunch *12:00 Bridge (C) 1:00 Spanish (D) 2:00 Creative Writing (C) 2:30 Tai Chi (M) <b>10:00 <sup>Δ</sup> Sat. Breakfast Club</b>
<b>15</b> 8:30 Hand 'n Foot (C) 9:00 Pickleball 10:00 *Strength and Balance (M) 11:00 *Stretch & Dance (M) 12:00 *Lunch (D) 12:30 Chess (D) <b>1:00 Movie Club (C)</b> 1:30 Ping Pong (M) 2:30 Tai Chi (M)	<b>16</b> 9:00 Beg. Drawing (XC) 9:30 Pinochle (D) 10:00 Drawing w/John (XC) 11:00 *Beg. Line Dance (M) 12:00 Lunch (D) 12:30 Am/CHN Mahjong (C) <b>1:00 Sing-along (M)</b> 3:15 Tap Dancing (M) 6:30 Martial Arts (M)	<b>17</b> 9:00 Crochet & Knitting Group (D) 10:00 *Strength and Balance (M) 11:00 *Stretch & Dance (M) 11:00 Euchre (D) 12:00 *Lunch (D) 12:30 *Acupuncture (M) 12:30 Cribbage (C) 1:30 Ping Pong <b>2:45 Line Dance</b>	<b>18</b> 9:00 Ukulele (M) 9:30 Pinochle (D) 10:00 Mexican Train Dom. (C) 10:15 Piano (XM) 11:00 Blood Pressure Ck. (FD) 12:00 *Lunch (D) 1:00 SAIL Class (M) 1:00 Book Club w/Chris (C) <b>2:15 <sup>Δ</sup> Beginning Piano (XM)</b> <b>3:30 <sup>Δ</sup> Prime Time Hop</b>	<b>19</b> 9:30 Spades (C) 10:00 *Strength & Balance (M) 11:00 *Stretch & Dance (M) 12:00 * <sup>Δ</sup> FTJ Lunch 12:00 Bridge (C) 1:00 Spanish (D) 2:00 Creative Writing (C) 2:30 Tai Chi (M)
<b>22</b> 8:30 Hand 'n Foot (C) <b>9:00 Pickleball</b> 10:00 *Strength and Balance (M) 11:00 *Stretch & Dance (M) 12:00 *Lunch (D) 12:30 Chess (D) <b>1:00 Movie Club (C)</b> <b>1:00 Bingo with Arlene (D)</b> 1:30 Ping Pong (M) <b>2:00 <sup>Δ</sup> Safe Driving (C)</b> 2:30 Tai Chi (M)	<b>23</b> 9:00 Beg. Drawing (XC) 9:30 Pinochle (D) <b>9:45 Atty. Liz Johnson (M)</b> 10:00 Drawing w/John (XC) 11:00 *Beg. Line Dance (M) 12:00 Lunch (D) 12:30 Am/CHN Mahjong (C) <b>1:00 Sing-along (M)</b> 3:15 Tap Dancing (M) 6:30 Martial Arts (M)	<b>24</b> 9:00 Crochet & Knitting Group (D) 10:00 *Strength and Balance (M) 11:00 <sup>Δ</sup> <b>No Calligraphy (C)</b> 11:00 *Stretch & Dance (M) 11:00 Euchre (D) 12:00 *Lunch (D) 12:30 Cribbage (C) 1:30 Ping Pong <b>2:45 *Line Dance</b>	<b>25</b> 9:00 Ukulele (M) 10:00 Mexican Train Dom. (C) <b>11:00 <sup>Δ</sup> 4th of July Party</b>  12:00 *Lunch (D) 1:00 SAIL Class (M) <b>1:00 <sup>Δ</sup> PC &amp; Android Group (C)</b> <b>1:00 <sup>Δ</sup> Master Gardeners: Noxious Neighbors - English Ivy (D)</b> <b>2:15 <sup>Δ</sup> Beginning Piano (XM)</b> <b>4:00 <sup>Δ</sup> Prime Time Plates</b>	<b>26</b> 9:30 Spades (C) 10:00 *Strength & Balance (M) 11:00 *Stretch & Dance (M) 12:00 * <sup>Δ</sup> FTJ Lunch 12:00 Bridge (C) 1:00 Spanish (D) 2:00 Creative Writing (C) 2:30 Tai Chi (M) <b><sup>Δ</sup> Sat 10:00 Game Day</b>
<b>29</b> 8:30 Hand 'n Foot (C) <b>9:00 Pickleball</b> 10:00 *Strength and Balance (M) 11:00 *Stretch & Dance (M) 12:00 *Lunch (D) 12:30 Chess (D) 1:30 Ping Pong (M) 2:30 Tai Chi (M)	<b>30</b> 9:00 Beg. Drawing (XC) 9:30 Pinochle (D) 10:00 Drawing w/John (XC) 11:00 *Beg. Line Dance (M) 12:00 Lunch (D) 12:30 Am/CHN Mahjong (C) 3:15 Tap Dancing (M) 6:30 Martial Arts (M)	 The Food Bank is open Monday through Wednesday. Any food taken must be weighed out. If no one is available, please print your name on the document at the table and mark what you have taken and the weight.	<b>Days of Interest</b> 1-20 Pride Month 1 - Say Something Nice Day 6 - D-Day Remembrance 14 - Flag Day 19 - Juneteenth 21 - Father's Day 21 - Summer Solstice	<b>Religious Days</b> 7 - Corpus Christi Sunday 12 - Solemnity of the Sacred Heart of Jesus 18 - Martyrdom of Guru Arjaan Dev Sahib 24 - Nativity of St. John the Baptist 25-26 - Ashura 29 - Feast of Saints Peter and Paul

**LEGEND**

(C) Classroom (M) Main Room  
 (D) Dining Room (O) Office  
 (FD) Front (X) Class Full

**SYMBOLS**

\* Event/class has a cost  
 Δ Registration required

**CLASS COST**

**Beginning Line Dance - Tues.**

- \$2.00 per class or \$8.00 month
- Pay the instructor

**Line Dance - Wednesdays**

- Six-week series
- \$20.00 per series
- Paid to the instructor

**Strength and Balance**

- \$18.00 per month
- Put fee in envelope with your name and the class title on outside
- Turn into front desk volunteer

**Stretch and Dance**

- \$18.00 per month
- Put fee in envelope with your name and the class title on outside
- Turn into front desk volunteer

**DISCOUNT**

*Line Dancing is excluded from all discounts.*

Two Classes - \$3.00 off second class  
 Third Class - Regular price;  
 fourth class \$3.00 off

**CONTACT INFORMATION**

Pt. Defiance~Ruston Senior Center

Phone: (253) 756-0601  
 Address: 4716 N Baltimore, Tacoma, WA 98407  
 Hours: Monday - Friday  
 9:00 a.m. to 3:00 p.m.