



JULY 2026



Memory Care – Life Enrichment

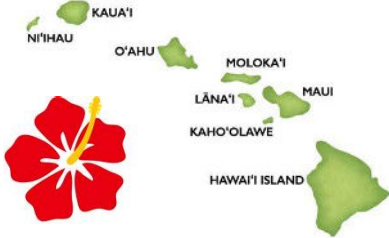
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	1	2	3	4
9:00 Montessori Program	9:00 Montessori Program	9:00 Montessori Program	9:00 Montessori Program	9:00 Montessori Program		9:00 Montessori Program
9:45 Seated Exercises	9:45 Seated Cardio	9:45 Seated Exercises	9:45 Seated Exercises	9:45 Seated Exercises	10:00 Music with Martin Goldsmith	10:00 Hot Diggity Dog
10:00 This Day in History	10:00 Burma Shave Signs	10:00	10:00 Morning Trivia	10:15 Music with Ann & Gaye		10:30 What Am I?
10:30 Horse Racing Game		10:30 All About Meteors	10:30 Spa Day	11:30 Lunch	11:30 Lunch	11:00 The Fourth of July
			11:30 Lunch	1:00 Afternoon Puzzles	1:00 Visit to Beach	11:30 Lunch
11:30 Lunch	10:30 Highway Day Interstate Trivia	11:30 Lunch	1:00 Watercolor Project			2:00 Afternoon Snack
1:00 Canvas Art Project	11:15 Transition Time (CNA)	1:00 Fish & Wildlife Service		2:00 Afternoon Snack	2:00 Afternoon Snack	4:30 Dinner
2:00 Afternoon Snack	1:00 A Visit to the Forest		2:00 Happy Hour	2:30 Washer Toss Game	2:30 Sing Along on iN2L	
2:30 Worship Service		2:00 Italian Soda Social		3:00 Garden Check-in	3:00 Fly Ball	
	2:00 Afternoon Snack		3:00 Finish the Phrase	3:30 Piggy Bankers Game on iN2L	3:30 Roll A Face Game	
4:30 Dinner	2:30 Garden Check-in	2:30 Finish the Phrase	3:30 Famous Canadians	4:30 Dinner	4:30 Dinner	
	4:30 Dinner	4:30 Dinner	4:30 Dinner			
AR= Activity Room SUN= Sunroom TV= TV Room						



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5	6	7	8	9	10	11
9:30 Seated Exercises 10:00 This Day in History 10:30 Bingo  11:15 Transition Time (CNA) 11:30 Lunch 2:00 Afternoon Snack 2:30 Worship Service  4:30 Dinner	9:00 Montessori Program 9:30 Seated Stretching 10:00 What Am I? 10:30 All About Hawaii  11:30 Lunch 1:00 Fly Ball 1:30 Finish the Lyrics 2:00 Afternoon Snack 2:30 All About Bill Haley  3:00 Garden Check-in 3:30 Sing Along 4:30 Dinner	9:00 Montessori Program 9:30 Seated Strength 10:00 Day in the Life of Colonial Connecticut 10:30 Horse Racing Game 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Art Group: Coffee Filter Butterflies  2:00 Afternoon Snack 2:30 Ring Toss Game 3:00 Name That Tune 3:30 Trivia on iN2L 4:30 Dinner	9:00 Tabletop Games 9:30 Chair Dancing 10:00 Coca Cola Day  10:30 Rock & Roll Game 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Jewelry Creations 2:00 Happy Hour  3:00 Liberty Bell Day 3:30 Fly Ball 4:30 Dinner	9:00 Montessori Program 9:30 Morning Stretch 10:00 Piggy Bankers Game 10:30 Car Racing Game  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Star of the Month  2:00 Afternoon Snack 2:30 Garden Check-in 3:00 Trivia on iN2L 3:30 Roll a Face Dice Game 4:30 Dinner 	1:00 Motorcycle Day  2:00 Ice Cream Float Friday 2:30 Funny Pet Photos  3:00 Washer Toss Game 3:30 Teddy Bear Picnic Day 4:30 Dinner	9:00 Montessori Program 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Summer Sensory Group  2:00 Afternoon Snack 2:30 Basketball Toss Game 3:00 Sing Along 3:30 Hand Massages 4:30 Dinner

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SUN= Sunroom
TV= TV Room



5340 N. BRISTOL ST. TACOMA, WA 98407 (253)752-6621

PROGRAMS SUBJECT TO CHANGE



FRANKE TOBEY JONES
Enjoy your age.



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12	13	14	15	16	17	18
9:30 Seated Exercises	9:00 Montessori Program	9:00 Montessori Program	9:00 Montessori Program	9:00 Montessori Program	1:00 Seated Exercises	1:00 Pucker Up Day
10:00 Trivia on iN2L	9:30 Shake, Rattle & Roll	9:30 Seated Exercises	9:30 Chair Dancing	9:30 Gentle Stretching	1:30 Trivia on iN2L	
10:30 A Visit to the Forest 	10:00 This Day in History	10:00 Finish the Phrase	10:00 Remember Rembrandt Day 	10:00 Lucky Dice Game 	2:00 Ice Cream Float Social 	1:30 Fly Ball
11:30 Lunch	10:30 Music Circle 	10:30 Bingo 	10:30 Canvas Painting Art Group 	10:30 Sing Along on iN2L	3:00 Phyllis Diller Day 	2:00 Afternoon Snack
2:00 Afternoon Snack	11:30 Lunch	11:15 Transition Time (CNA)	11:15 Transition Time (CNA)	11:15 Transition Time (CNA)		2:30 Cornhole Toss Game
2:30 Worship Service 	1:00 Horse Racing Game	11:30 Lunch	11:30 Lunch	11:30 Lunch		3:00 You Be the Judge
4:30 Dinner	2:00 Afternoon Snack	1:00 All About Orcas 	1:00 All About Gladys Knight	1:00 All About Disneyland 	3:30 Bowling Game 	3:30 Sing Along 
	2:00 Music with Marty 	2:00 Italian Soda Social 	2:00 Happy Hour 	2:00 Afternoon Snack	4:30 Dinner	4:30 Dinner
	3:00 Garden Check-in	3:00 What Am I?	3:00 Garden Check-in	2:30 Who Am I? 		
	3:30 Afternoon Coloring Project	3:30 Washer Toss Game	3:30 Fly Ball	3:00 All About Ginger Rogers		
	4:30 Dinner	4:30 Dinner	4:30 Dinner	3:30 Ring Toss Game		
				4:30 Dinner		
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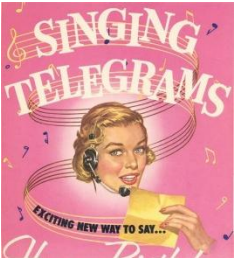
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19	20	21	22	23	24	25
9:30 Seated Exercises	9:00 Montessori Program	9:00 Montessori Program	9:00 Montessori Program	9:00 Montessori Program	1:00 Making Chocolate Chip Cookies	10:30 Pet Therapy Visit
10:00 This Day in History	9:30 Seated Cardio	9:30 Exercise Group	9:30 Chair Dancing	9:30 Morning Stretch		
10:30 Horse Racing Game	10:00 Trivia on iN2L	10:00 Random Trivia	10:00 Luck Dice Game	10:00 Finish the Phrase		11:15 Transition Time (CNA)
	10:30 Black & White Art Project	10:30 Art Project: Clay Sculpting (AR)	10:30 Bingo	10:30 Women Aviators Day		11:30 Lunch
11:30 Lunch			11:15 Transition Time (CNA)		2:00 Afternoon Snack	
2:00 Afternoon Snack	11:15 Transition Time (CNA)	11:15 Transition Time (CNA)	11:30 Lunch	11:15 Transition Time (CNA)	2:30 Garden Check-in	1:00 Day of the Cowboy
2:30 Worship Service	11:30 Lunch	11:30 Lunch	1:00 A Fashionable Day	11:30 Lunch	3:00 Color a Patriotic Tune	
	1:00 Remembering the Moon Landing	1:00 Visit to Beach		1:00 History of Lemonade	3:30 Washer Toss Game	
4:30 Dinner	2:00 Margarita Monday		2:00 Music with Casey/ Happy Hour	1:30 Lemonade Taste Testing	4:30 Dinner	2:00 Afternoon Snack
		2:00 Afternoon Snack				2:30 Name that Sound on iN2L
AR= Activity Room	3:00 Garden Check-in	2:30 Name That Broadway Tune	3:00 Junk Drawer Detective	2:00 Afternoon Snack		3:00 Fly Ball
SUN= Sunroom	3:30 Fly Ball	3:00 Garden Check-in	3:30 Fly Ball	2:30 Garden Check-in		3:30 Hand Massages
TV= TV Room	4:30 Dinner	3:30 Piggy Banker Game	4:30 Dinner	3:00 Who Am I?		4:30 Dinner
		4:30 Dinner		3:30 Ring Toss Game		
				4:30 Dinner		



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	1
9:30 Seated Exercises	9:00 Montessori Program	9:00 Montessori Program	9:00 Montessori Program	9:00 Montessori Program	1:00 Mutt Day	1:00 Watercolor Art Project
10:00 Sing Along on iN2L	9:30 Gentle Stretch	9:30 Seated Exercises	9:30 Chair Exercises	9:30 Morning Stretch		
10:30 Horse Racing Game 	10:00 Comedy Celebration Day	10:00 July EZ Trivia	10:00 Finish the Lyric	10:00 Can You Picture This?		
11:30 Lunch	10:30 Making Blueberry Muffins 	10:30 Singing Telegram Day 	10:30 Forest Sensory/ Reminiscing 	10:30 Baking Group: Making Cookies 	2:00 Ice Cream Float Social 	2:00 Afternoon Snack
2:00 Afternoon Snack	11:15 Transition Time (CNA)	11:15 Transition Time (CNA)	11:15 Transition Time (CNA)	11:15 Transition Time (CNA)	3:00 Garden Check-in	2:30 Cornhole Game
2:30 Worship Service 	11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch	3:30 Bowling 	3:00 Sing Along
4:30 Dinner	1:00 Bingo Game	1:00 Horse Racing Game 	1:00 Tiger Day	1:00 Music Circle 	4:30 Dinner	3:30 Fly Ball
	2:00 Italian Soda Social 	2:00 Afternoon Snack	2:00 Happy Hour 	2:00 Afternoon Snack		4:30 Dinner
	3:00 Finish the Phrase	2:30 Garden Check-in	2:30 Table Puzzles	2:30 Lucky Dice Game 		
	3:30 Fly Ball	3:00 Piggy Banker Game	3:00 Finish the Phrase	3:00 Trivia on iN2L		
	4:30 Dinner	3:30 Bowling	3:30 Ring Toss Game	3:30 Washer Toss Game		
		4:30 Dinner	4:30 Dinner	4:30 Dinner		

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