



FRANKE
TOBEY
JONES

Enjoy your age

Casual for a Cause

Each month FTJ employees donate money for a cause. Their donated money is then matched by FTJ and given to the selected cause. This month the Casual for a Cause is the Red Cross, especially to help those who have been impacted by the wildfires in Spokane. If you want to join FTJ employees and donate money to the Red Cross, please reach out to Scott Blount in Finance. His office is on the 1st floor of the Lillian Pratt building. You can also reach him via email at sblount@franketobeyjones.com or phone at 253-756-6294.

Concerts on the Lawn

You are invited to participate in FTJ's Annual Concerts on the Lawn Series. Join us **Thursday evenings at 6:30pm** on the Front Lawn just to the South of the Care Center building.

August 6 – Monty Banks & the High Rollers

August 13 – Dusty Souls

August 20 – Route 66 Big Band

August 27 – Aaron Crawford



Bring blankets, lawn chairs, your favorite snack or drink and enjoy an evening of great music.

Resident Board Member Process

The Franke Tobey Jones Board of Directors will have an opening next year for a resident Board member. Applications are **due by September 15th**, and interviews will take place in October. Please contact Melissa Dempsey at mdempsey@franketobeyjones.com or 253-756-6366 for application materials and requirements.



FRANKE
TOBEY
JONES

Enjoy your age

Wall of Honor: Call for Participants

Thanks to a generous donation from a current resident and in celebration of the Semiquincentennial, FTJ is proud to create a Wall of Honor recognizing the service and dedication of FTJ residents.

We invite all **current FTJ residents** who served in any branch of the **U.S. Uniformed Services** to be part of this special tribute.

To participate, please submit:

- An 8" x 10" photo, color or b&w, of yourself in uniform (headshot preferred). We can accept an original photo or a high-resolution scan. We can also scan your original photo and return it to you.
- If you do not have a photo of yourself in uniform, you may submit another photo of yourself. (headshot preferred)
- Your name (as you would like it to appear on a plaque)
- The **branch of service** in which you served & the years you served.

Submission Deadline: August 28

Help us honor the service and sacrifice of our FTJ community by becoming part of this lasting display of appreciation.

Submit your photos to Katie Baker, Philanthropy Coordinator. They can be dropped off at the Lillian Pratt Front Desk or in Katie's office in the Garden Apartments.

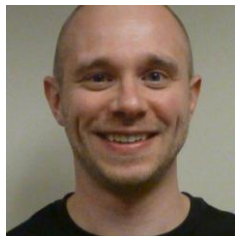
Optional – You can write up a hard copy one page bio/summary of your military service. This will be included in a binder that will be put on top of one of the cabinets near the display. If you do this, whatever you submit is the actual document going into the binder.





Making A Difference Recognition

FRANKE
TOBEY
JONES
Enjoy your age



Colin Deck – Wellness

On a day when all the other wellness staff were out, Colin stepped up to the plate and taught 4 exercise classes back-to-back- to- back. Rather than cancel classes with short notice, he filled in for his missing staff and provided high quality, high impact classes for 4 hours. His dedication in ensuring quality programing was very appreciated by residents, community members, and staff. (Co-worker)



Shirley Robbins, Terry Allman – ARR,

Shirley, Terry, and Shelley are always willing to step in and help team members and residents. They all helped cover events while I was out of office, easing my mind and enhancing the lives of all who attended. (Co-worker)



Cheryl Parkinson-Hummel – Building Services

Cheryl has gone out of her way to get prescriptions for a resident and make last minute requests happen. Her support is priceless to our residents. (Co-worker)

Thank you so much for your assistance with my living room T.V. You stayed way past your normal quitting time. (Resident)



Joel Torres – Chef

Joel’s appetizers at Happy Hour were thoroughly enjoyed this week. Moreover, he facilitated two breakfasts in the Garden Apartments on top of all his other duties. His kindness and sense of humor while balancing a lot of work is deeply appreciated. (Co-worker)

Joel Torres makes every birthday celebration at the Garden Apartments a special event. We appreciate his extra touches and friendly manner. (Resident)

This award is a shout out to employees for whom doing their job is routinely making every day meaningful. It recognizes Franke Tobey Jones’ employees whose action are noted to exemplify any of the values listed in **“My Team Member Promise: Make Every Day Meaningful.”** These values reflect actions that promote quality of life for each **Resident**, teamwork among our employee **Team** and employee **Self** development!



FRANKE
TOBEY
JONES

Hello! Here is this week’s menu. We think you will love it!

August 10th - August 16th Week 2

Morrison
LIVING

MONDAY BREAKFAST

Fresh Fruit Cup
Oatmeal
Over Easy Eggs
Applewood Bacon
Blueberry Muffin

TUESDAY BREAKFAST

Fresh Fruit Cup
Quinoa Porridge
Scrambled Eggs
Buttermilk Pancakes
Breakfast Ham

WEDNESDAY BREAKFAST

Fresh Fruit Cup
Oatmeal
Spinach and Tomato
Frittata
Applewood Bacon
Texas Sticky Buns

THURSDAY BREAKFAST

Fresh Fruit Cup
Cream of Wheat w/ Raisins
Scrambled Eggs
Sausage Links
Banana Bread

FRIDAY BREAKFAST

Fresh Fruit Cup
Oatmeal
Scrambled Eggs
Applewood Bacon
Bran Muffin

SATURDAY BREAKFAST

Fresh Fruit Cup
Grits
Boiled Egg
Sausage Links
Poached Egg
Buttermilk Pancakes

SUNDAY BREAKFAST

Fruit Cup
Oatmeal
Scrambled Eggs w/
Cheese
Applewood Bacon
Cinnamon Roll

MONDAY LUNCH

Minestrone Soup
Garden Salad
Fennel Orange Salad
Chicken Florentine w/
Meatballs
Shellfish Crab Cakes
Rice Saffron
Lima Beans
Roasted Vegetables
Wheat Roll
Peach Cobbler

TUESDAY LUNCH

Carrot with Ginger Soup
Garden Salad
Thai Cucumber Pickle
Sesame Chicken
Sweet and Sour Pineapple
Pork
Lo Mein
Sautéed Cabbage
Cauliflower w/ Red Peppers
Wheat Roll
Frosted Coconut Cake

WEDNESDAY LUNCH

French Onion Soup
Garden Salad
Relish Plate w/ Dip
Hand Breaded Turkey Cutlet
Baked Catfish
Rice Pilaf
Sautéed Broccoli
Lemon Garlic Asparagus
Cornbread Muffin
Key Lime Pie

THURSDAY LUNCH

Cream of Cauliflower
Garden Salad
Arugula Honeydew Salad
Chili Rubbed Pork Tenderloin
Grilled Beef Tips
Quinoa Pilaf
Yellow Squash and Tomato
Cabbage and Bok Choy
Wheat Roll
Lemon Ricotta Cake

FRIDAY LUNCH

New England Clam Chowder
Garden Salad
Carrot Craisin and Rice Salad
Grilled Salmon
Cornflake Chicken
Garlic Mashed Potatoes
Steamed Peas
Sautéed Rainbow Carrots
Parmesan Focaccia Roll
Upside Down Pineapple
Cake

SATURDAY LUNCH

Chunky Vegetable Soup
Garden Salad
Vegetable Bean Cassoulet
Miso Ginger Flank Steak
Jasmine Rice
Grilled Zucchini
Spiced Roasted
Cauliflower
Wheat Roll
Oatmeal Cookies

Sunday Lunch

Beef Barley Soup
Spring Pea Salad
Garden Salad
BBQ Pork Ribs
Shrimp Skewer
Corn on the Cob
Baked Beans
Potato Salad
Cornbread
Peach Pie

MONDAY DINNER

Velvet Corn Soup
Garden Salad
Italian Beef Sandwich
Chef Salad
French Fried Potatoes
Roasted Zucchini & Red
Onions
Ciabatta Rolls
Almond-Apple Coffeecake

TUESDAY DINNER

Italian Wedding Soup
Garden Salad
Tuna Melt Sandwich on
Wheat
Steak Salad
Roasted Potato Wedges
Roasted Green Beans
Multigrain Roll
Oreo Blondie Bar

WEDNESDAY DINNER

Corn Chowder no
Bacon
Garden Salad
Carne Asada Beef
Asian Chicken Salad
Spiced Black Beans
Peppers and Onions
Fajita Style
Flour Tortilla
Chocolate Mousse

THURSDAY DINNER

Tomato Basil Soup
Garden Salad
Two Cheese Grilled on Sour
Dough
Seafood Louis Plate
Baked Sweet Potato Fries
Cauliflower & Red Peppers
Wheat Roll
Apple Crisp

FRIDAY DINNER

New England Clam
Chowder
Garden Salad
Pulled Chicken BBQ on
Bun
New York Style Pizza
Potato Chips
Grilled Zucchini
Chocolate Coke Cake

SATURDAY DINNER

Beef and Cabbage Soup
Garden Salad
Chicken Salad w/ Grapes
and Almonds
Coconut Shrimp
Green Rice
Glazed Carrots
Baked Croissant
Angel Cake w/
Strawberries

SUNDAY DINNER

Chicken and Rice Soup
Garden Salad
Tortellini Primavera
Ham and American
Cheese Bagel
Sweet Potato Fries
Roasted Italian
Vegetables
Garlic Bread
Vanilla Pudding