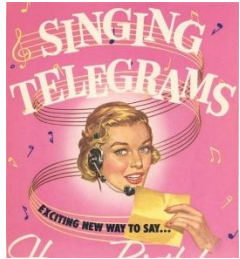


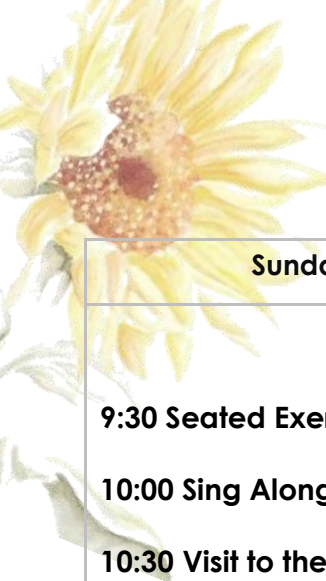
August 2026



Memory Care – Life Enrichment

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	31	1
9:30 Seated Exercises 10:00 Sing Along on iN2L 10:30 Horse Racing Game  11:30 Lunch 2:00 Afternoon Snack 2:30 Worship Service  4:30 Dinner	9:00 Montessori Program 9:30 Gentle Stretch 10:00 Comedy Celebration Day 10:30 Making Blueberry Muffins  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Bingo Game 2:00 Italian Soda Social  3:00 Finish the Phrase 3:30 Fly Ball 4:30 Dinner	9:00 Montessori Program 9:30 Seated Exercises 10:00 July EZ Trivia 10:30 Singing Telegram Day  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Horse Racing Game  2:00 Afternoon Snack 2:30 Garden Check-in 3:00 Piggy Banker Game 3:30 Bowling 4:30 Dinner	9:00 Montessori Program 9:30 Chair Exercises 10:00 Finish the Lyric 10:30 Forest Sensory/ Reminiscing  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Tiger Day 2:00 Happy Hour  2:30 Table Puzzles 3:00 Finish the Phrase 3:30 Ring Toss Game 4:30 Dinner	9:00 Montessori Program 9:30 Morning Stretch 10:00 Can You Picture This? 10:30 Baking Group: Making Cookies  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Music Circle  2:00 Afternoon Snack 2:30 Lucky Dice Game  3:00 Trivia on iN2L 3:30 Washer Toss Game 4:30 Dinner	1:00 Mutt Day  2:00 Ice Cream Float Social  3:00 Garden Check-in 3:30 Bowling  4:30 Dinner	1:00 Watercolor Art Project  2:00 Afternoon Snack 2:30 Cornhole Game 3:00 Sing Along 3:30 Fly Ball 4:30 Dinner 

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August 2026

Memory Care – Life Enrichment



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	4	5	6	7	8
9:30 Seated Exercises 10:00 Sing Along on iN2L 10:30 Visit to the Beach  11:30 Lunch 2:00 Afternoon Snack 2:30 Worship Service  4:30 Dinner	9:00 Montessori Program 9:30 Seated Aerobics 10:00 Order Up 10:30 Music of Tony Bennett  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Bingo  2:00 Afternoon Snack 2:30 Finish the Phrase 3:00 Garden Check in 3:30 Ring Toss Game 4:30 Dinner	9:00 Montessori Program 9:30 Chair Dancing 10:00 Lucky Dice Game 10:30 Name That Musical Instrument on iN2L  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Baking Group – Making Chocolate Chip Cookies 1:30 Chocolate Chip Cookie Day 2:00 Afternoon Snack 2:30 Dean Martin Sing Along 3:00 Junk Drawer Detective 3:30 Cornhole Toss Game 4:30 Dinner	9:00 Montessori Program 9:30 Seated Strength 10:00 Word Trivia on iN2L 10:30 Bowling Game  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Little Orphan Annie 1:30 Cooking Group – Make Fresh Fruit Salad 2:00 Happy Hour  2:30 Sing Along with Broadway Songs 3:00 Garden Time 3:30 Fly Ball 4:30 Dinner	9:00 Montessori Program 9:30 Morning Stretch 10:15 Music with Ann & Gaye  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Uno Card Game  2:00 Afternoon Snack 2:30 This Day in History 3:00 Washer Toss Game 3:30 August EZ Trivia 4:30 Dinner	11:00 – 11:30 Get Ready for Picnic 11:30 – 1:00pm Annual Picnic  1:00 Lighthouse Day Craft  2:00 Italian Soda Social  3:00 Name That Golden Oldies Song 3:30 Lucky Dice Game 4:30 Dinner	1:00 Bowling Game  2:00 Afternoon Snack 2:30 Roll A Face Game 3:00 Fly Ball 3:30 Hand Massages 4:30 Dinner

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9	10	11	12	13	14	15
9:00 Montessori Program 9:30 Gentle Stretching 10:00 Lucky Dice Game  10:30 Sing Along on iN2L 11:15 Transition Time (CNA) 11:30 Lunch 2:00 Afternoon Snack 2:30 Worship Service  4:30 Dinner	9:00 Montessori Program 9:30 Shake, Rattle & Roll 10:00 Piggy Bankers on iN2L  10:30 Horse Racing Game  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Go Fish Card Game 2:00 Music with Marty  3:00 Finish the Phrase 3:30 Garden Check in 4:30 Dinner	9:00 Montessori Program 9:30 Quick Cardio 10:00 Random Trivia 10:30 Bingo  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Making Fruit Parfaits  2:00 Afternoon Snack/Fruit Parfaits 2:30 Introducing the Armadillo 3:00 Cornhole Toss Game 3:30 This Day in History 4:30 Dinner	9:00 Montessori Program 9:30 Chair Dancing 10:00 Roll a Face Game 10:30 Celebrate Puerto Rico  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Travelogue 2:00 Happy Hour  3:00 Toss a Tune 3:30 Garden Check in 4:30 Dinner	9:00 Montessori Program 9:30 Gentle Stretching 10:00 Sing Along Ukelele with Tacoma Symphony 11:00 Name that Sound on iN2L 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Spa Afternoon  2:00 Afternoon Snack 2:30 Garden Check-In 3:00 Afternoon Watercolor Art Project 4:30 Dinner	1:00 Wiffle Ball Day  2:00 Creamsicle Float Social  2:30 Reminiscing- The Best of Summer 3:00 Fly Ball 3:30 Garden Check in 4:30 Dinner	1:00 Bingo  2:00 Afternoon Snack 2:30 Visit to the Beach  3:00 Giant Ring Toss 3:30 Sing Along 4:30 Dinner

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Memory Care – Life Enrichment

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16	17	18	19	20	21	22
9:30 Seated Exercises 10:00 Sing Along on iN2L 10:30 Horse Racing Game  11:15 Transition Time (CNA) 11:30 Lunch 2:00 Afternoon Snack 2:30 Worship Service  4:30 Dinner	9:00 Montessori Program 9:30 Seated Cardio 10:00 Trivia Games on iN2L 10:30 Baking Group – Making Cupcakes  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Black Cat Appreciation Day  2:00 Afternoon Snack 2:30 Basketball Toss Game 3:00 Garden Check in 3:30 Finish the Phrase 4:30 Dinner	9:00 Montessori Program 9:30 Fly Ball 10:00 Sunshine Songs 10:30 Canvas Art Project  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Star of the Month 2:00 Italian Soda Social  2:30 Name That Tune/Sing Along 3:00 Go Fish Card Game 3:30 Ring Toss Game 4:30 Dinner	9:00 Montessori Program 9:30 Chair Dancing 10:00 Can You Picture This? 10:30 Craft Project: Coffee Filter Sea Turtles  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Beach Sensory 2:00 Happy Hour  2:30 Music with Roadside Attraction Band 3:30 Garden Check in 4:30 Dinner	9:00 Montessori Program 9:30 Morning Stretch 10:00 Sunny Side of Health 10:30 Horse Racing Game  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Bingo  2:00 Afternoon Snack 2:30 Cheers to Lemonade/ National Lemonade Day 3:00 Bowling  4:30 Dinner	1:00 Happy Birthday, Hawaii  1:30 Baking Group – Making Coconut Cookies  2:00 Afternoon Snack 2:30 Garden Check in 3:00 Kenny Rogers Sing Along 3:30 Finish the Phrase 4:30 Dinner	10:30 Pet Therapy Visit  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Giant Ring Toss Game 2:00 Afternoon Snack 2:30 Modern Jeopardy Trivia 3:00 Music Circle  3:30 Garden Check in 4:30 Dinner

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Memory Care – Life Enrichment



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
23	24	25	26	27	28	29
1:00 Bingo  2:00 Afternoon Snack 2:30 Fly Ball 3:00 Uno Card Game 3:30 Garden Check in 4:30 Dinner	9:00 Montessori Program 9:30 Gentle Stretch 10:00 Go Fish Card Game 10:30 Making Blueberry Muffins  11:15 Transition Time (CNA) 11:30 Lunch 1:00 A Day at the Beach  2:00 Italian Soda Social  3:00 Washer Toss Game 3:30 Finish the Phrase 4:30 Dinner	9:00 Montessori Program 9:30 Seated Exercises 9:45 Worship Service  10:15 Sunflower at Sunset Art Project 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Bingo  2:00 Afternoon Snack 2:30 Basketball Toss 3:00 Garden Check in 3:30 Trivia on iN2L 4:30 Dinner	9:00 Montessori Program 9:30 Chair Dancing 10:00 This Day in History 10:30 Jeopardy Trivia 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Tabletop Card Games 2:00 Music with Casey/ Happy Hour  3:00 Roll a Face Game 3:30 Garden Check in 4:30 Dinner	9:00 Montessori Program 9:30 Chair Yoga 10:00 Sunshine and Citrus Trivia 10:30 Flower Arranging  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Air Force Day  2:00 Afternoon Snack 2:30 Washer Toss Game 3:00 Lucky Dice 3:30 Fly Ball 4:30 Dinner	1:00 Bow Tie Craft  2:00 Lemonade Social  2:30 Lemonade Lucy Day 3:00 Fly Ball 3:30 Giant Ring Toss Game 4:30 Dinner 	1:00 Happy Birthday, Mary Poppins  2:00 Afternoon Snack 2:30 Garden Check-in 3:00 More Jeopardy Trivia 3:30 Name that Tune 4:30 Dinner

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Memory Care – Life Enrichment

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31	1	2	3	4	5
1:00 Bowling Game  2:00 Afternoon Snack 3:00 Go Fish Card Game 3:30 Fly Ball 4:30 Dinner	9:00 Montessori Program 9:30 Shake, Rattle & Roll 10:00 Piggy Bankers on iN2L  10:30 Horse Racing Game  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Sunshine & Flowers 2:00 Afternoon Snack 3:00 Uno Card Game 3:30 Cornhole Toss 4:30 Dinner	9:00 Montessori Program 9:30 Seated Exercises 9:45 Worship Service  10:00 Learning About Labor Day 10:30 Horse Racing Game  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Spa Day  2:00 Afternoon Snack 2:30 List It Game 3:00 Basketball Toss 3:30 Fly Ball 4:30 Dinner	9:00 Montessori Program 9:30 Chair Dancing 10:00 Can You Picture This? 10:30 Remembering the Movie 9 to 5 11:15 Transition Time (CNA) 11:30 Lunch 1:00 All About San Marino 2:00 Happy Hour  2:30 Garden Check-in 4:30 Dinner 3:00 Garden Check in 3:30 This Day in History 4:30 Dinner 	9:00 Montessori Program 9:30 Chair Yoga 10:15 Music with Ann & Gaye  11:00 Short Story Reading – No Recipe Kneaded 11:15 Transition Time (CNA) 11:30 Lunch 12:37 Mariners Game (TV) 1:00 National Wildlife Day  2:00 Afternoon Snack 2:30 Songs of Broadway Musicals 3:00 Cornhole Toss 3:30 Lucky Dice Game 4:30 Dinner	9:00 Montessori Program 9:30 Roll A Face Game 10:00 Fly Ball 10:30 Scottish Irish Heritage 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Flower Arrangements  2:00 Root Bear Float Social  2:30 Celebrate Service Dogs 3:00 Bingo  4:30 Dinner	1:00 Bowling Game  2:00 Afternoon Snack 2:30 Roll A Face Game 3:00 Fly Ball 3:30 Hand Massages 4:30 Dinner

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