



September 2026

Memory Care- Life Enrichment



FRANKE TOBEY JONES
Enjoy your age.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	31	1	2	3	4	5
1:00 Bowling Game  2:00 Afternoon Snack 3:00 Go Fish Card Game 3:30 Fly Ball 4:30 Dinner	9:00 Montessori Program 9:30 Shake, Rattle & Roll 10:00 Piggy Bankers on iN2L  10:30 Horse Racing Game  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Sunshine & Flowers 2:00 Afternoon Snack 3:00 Uno Card Game 3:30 Cornhole Toss 4:30 Dinner	9:00 Montessori Program 9:30 Seated Exercises 9:45 Worship Service 10:00 Finish the Phrase 10:30 Horse Racing Game  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Spa Day  2:00 Afternoon Snack 2:30 Country Hits Day 3:30 Garden Check in 4:30 Dinner	9:00 Montessori Program 9:30 Chair Dancing 10:00 Can You Picture This? 10:30 Fall Art Project 11:15 Transition Time (CNA) 11:30 Lunch 1:00 A Visit to the Beach  2:00 Happy Hour  3:00 Garden Check-in 3:30 Ring Toss Game 4:30 Dinner	9:00 Montessori Program 9:30 Chair Yoga 10:15 Music with Ann & Gaye  11:15 Transition Time (CNA) 11:30 Lunch 1:00 What's That Sound on iN2L  2:00 Afternoon Snack 2:30 Songs of Broadway Musicals 3:00 Cornhole Toss 3:30 This Day in History 4:30 Dinner	1:00 Flower Arrangements  2:00 Root Bear Float Social  2:30 National Wildlife Day  3:00 Roll A Face Game 3:30 Fly Ball 4:30 Dinner	9:00 Montessori Program 9:30 Moving & Grooving with Haley 10:00 Random Trivia 10:30 Bingo  11:15 Transition Time (CNA) 11:30 Lunch 2:00 Afternoon Snack 4:30 Dinner

AR= Activity Room
SUN= Sunroom
TV= TV Room



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6	7	8	9	10	11	12
9:00 Montessori Program 9:30 Fly Ball 10:00 Five Clues: What Job is it? 10:30 Giant Ring Toss 11:00 Sing Along 11:30 Lunch 2:00 Afternoon Snack 4:30 Dinner	9:00 Montessori Program 10:00 Learning About Labor Day 10:30 Coloring Craft 11:15 Transition Time (CNA) 11:30 Lunch 2:00 Afternoon Snack 4:30 Dinner Labor Day 	9:00 Montessori Program 9:30 Fly Ball 9:45 Worship Service 10:15 Bingo  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Watercolor Project 2:00 Afternoon Snack 2:30 Trivia on iN2L 3:00 Star Trek Day  3:30 Go Fish Card Game 4:30 Dinner	9:00 Montessori Program 9:30 Seated Exercises 10:00 Old Time Advertisements 10:30 All About Arnold Palmer 11:15 Transition Time (CNA) 11:30 Lunch 1:00 Beach Sensory  2:00 Afternoon Snack 2:30 Garden Check-in 3:00 Ladder Toss Game 3:30 Finish the Phrase 4:30 Dinner 5:20 Seahawks Game (TV) 	9:00 Montessori Program 9:30 Morning Stretch 10:00 Table Hockey 10:30 Spa Morning  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Bell Bottoms to Boots: 1970s Styles  2:00 Afternoon Snack 2:30 Name That Tune 3:00 Lucky Dice Game 3:30 Fly Ball 4:30 Dinner	1:00 Music Circle  2:00 Afternoon Snack 2:30 Garden Check-in 3:00 Pop Up Cards Craft 4:30 Dinner Rosh Hashanah	9:00 Montessori Program 9:30 Seated Strength 10:00 EZ Trivia 10:30 Hose Racing Game  11:00 Trivia on iN2L 11:15 Transition Time (CNA) 11:30 Lunch 2:00 Afternoon Snack 4:30 Dinner

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SUN= Sunroom
TV= TV Room





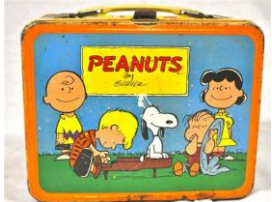
SEPTEMBER

2026



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Memory Care- Life Enrichment - 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
13	14	15	16	17	18	19
9:00 Montessori Program	9:00 Montessori Program	9:00 Montessori Program	9:00 Montessori Program	9:00 Montessori Program	1:00 Baking Group- Making Apple Crisp	9:00 Montessori Program
9:30 Seated Exercise	9:30 Morning Stretch	9:30 Chair Dancing	9:30 Seated Strength	9:30 Seated Cardio		9:30 Moving & Grooving with Haley
10:00 History of Grandparents Day	10:00 Balloon Burst Game	9:45 Worship Service	10:00 Trivia on iN2L	10:00 Sing Along Ukelele with Tacoma Symphony		
10:30 Bingo	10:30 What Am I?	10:15 Travelogue	10:30 Bingo	11:15 Transition Time (CNA)	2:00 Afternoon Snack	10:00 What Am I?
				11:30 Lunch	2:30 Happy Birthday Frankie Avalon	10:30 Bowling Game
11:15 Transition Time (CNA)	11:15 Transition Time (CNA)	11:15 Transition Time (CNA)	11:15 Transition Time (CNA)	1:00 Spa Afternoon	3:30 Fly Ball	
11:30 Lunch	11:30 Lunch	11:30 Lunch	1:00 Music Circle		4:30 Dinner	11:15 Transition Time (CNA)
2:00 Afternoon Snack	1:00 Trivia Challenge on iN2L	1:00 Forest Sensory/ Reminiscing	2:00 Happy Hour	2:00 Afternoon Snack		11:30 Lunch
4:30 Dinner	2:00 Music with Marty			2:30 Lucky Dice Game		2:00 Afternoon Snack
	2:30 Garden Check-in	2:00 Afternoon Snack	2:30 Garden Check-in	3:00 Happy Birthday M*A*S*H*		4:30 Dinner
	3:00 Cornhole Toss Game	2:30 Spider Plants	3:00 Roll a Face Game	3:30 Washer Toss		
	3:30 Fly Ball	3:30 Name That Tune	3:30 Card Game	4:30 Dinner		
	4:30 Dinner	4:30 Dinner	4:30 Dinner			

Grandparents Day

AR= Activity Room
SUN= Sunroom

5340 N. BRISTOL ST. TACOMA, WA 98407 (253)752-6621

PROGRAMS SUBJECT TO CHANGE





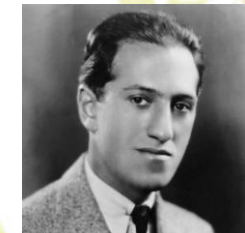
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
20	21	22	23	24	25	26
9:00 Montessori Program	9:00 Montessori Program	9:00 Montessori Program	9:00 Montessori Program	9:00 Montessori Program	1:00 German Jeopardy Trivia/ All About Oktoberfest	9:00 Montessori Program
9:30 Morning Exercise	9:30 Morning Stretch	9:30 Seated Cardio	9:30 Seated Exercise	9:30 Seated Cardio		9:30 Seated Exercises
10:00 Oodles of Poodles	10:00 National Dog Week	9:45 Worship Service	10:00 Finish the Phrase	10:00 This Day in History		10:00 Music of George Gershwin
10:30 Bingo	10:30 Canvas Art Project	10:15 Junk Drawer Detective	10:30 Elephant Appreciation Day	10:30 Making Blueberry Muffins		
		10:45 Horse Racing Game				
11:30 Lunch	11:15 Transition Time (CNA)	11:15 Transition Time (CNA)	11:15 Transition Time (CNA)	11:15 Transition Time (CNA)	2:00 Afternoon Snack	
1:25 Seahawks Game (TV)	11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch	2:30 One Hit Wonder Day	11:00 Pet Therapy Visit
	1:00 Star of the Month	1:30 Music with Dave	1:00 70's TV Characters	1:00 Horse Racing Game		
2:00 Afternoon Snack	2:00 Italian Soda Social		2:00 Music with Casey/ Happy Hour		3:30 Fly Ball	
4:30 Dinner		2:00 Afternoon Snack		2:00 Afternoon Snack	4:30 Dinner	11:00 Finish the Phrase
	2:30 Garden Check-in	2:30 This Day in History		2:30 1970s Trivia		11:15 Transition Time (CNA)
	3:00 Basketball Toss Game	3:00 Spa Afternoon		3:00 Cornhole Toss		11:30 Lunch
	3:30 Finish the Phrase			3:30 Finish the Phrase		2:00 Afternoon Snack
	4:30 Dinner	4:30 Dinner		4:30 Dinner		4:30 Dinner

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27 9:00 Montessori Program 9:30 Morning Exercises 10:00 Lucky Dice Game  10:00 Seahawks Game (TV)  10:30 Remembering 1970s Hits 11:15 Transition Time (CNA) 11:30 Lunch 2:00 Afternoon Snack 4:30 Dinner AR= Activity Room SUN= Sunroom TV= TV Room	28 9:00 Montessori Program 9:30 Chair Yoga 10:00 Toss It Game 10:30 Baking Group: Making Cookies  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Waylon Jennings Day  2:00 Margarita Moment  2:30 Table Top Puzzles 3:00 Finish the Phrase 3:30 Washer Toss Game 4:30 Dinner	29 9:00 Montessori Program 9:30 Seated Cardio 9:45 Worship Service  10:15 Jerry Lee Lewis Day  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Bingo  2:00 Afternoon Snack 2:30 Sing Along on iN2L 3:00 Finish the Lyrics 3:30 Uno Card Game 4:30 Dinner	30 9:00 Montessori Program 9:30 Seated Strength 10:00 This Day in History 10:30 Bowling Game  11:15 Transition Time (CNA) 11:30 Lunch 1:00 Music Circle  2:00 Happy Hour  3:00 Far-Out Foods of the 1970s 3:30 Fly Ball 4:30 Dinner		