

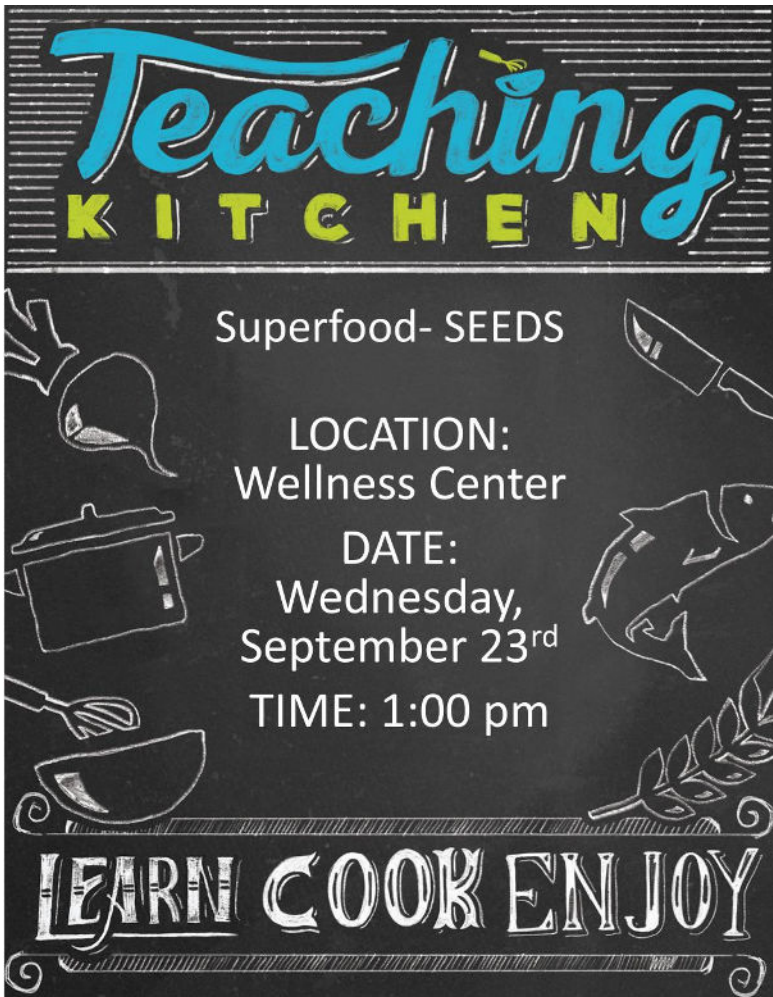


FRANKE
TOBEY
JONES

Enjoy your age

Vaccine Clinic Save the Date

The annual vaccine clinic at FTJ will be on **Thursday October 22nd**. You can receive the COVID, flu and/or RSV vaccines. More details to follow in the coming weeks.



Knit Wits Group

The Knit Wits is a sewing, knitting, embroidery group that is open to anyone who has any kind of craft project that you sit for...and you'd like to be in the company of others while doing it. The Knit Wits meet in the **Tobey Jones Parlor** on Thursdays at 2:00pm. They'd love for you to join them!



Wanted: Grocery Bags

The Food Bank at Mason Methodist Church needs big brown grocery bags or heavy-duty plastic bags in good condition. Please bring your excess bags to the Bascom Library where they will be collected and brought to the Food Bank. Look for a receptacle marked for receiving the bags.



New Check in System in the Wellness Center

At the end of September, the Franke Tobey Jones Wellness Center is switching over to an electronic check in system. This will allow members to sign up for and check into Wellness classes, programs and appointments more efficiently and allow staff to send out announcements that are more easily accessible. By streamlining these processes, it will allow Wellness staff to use their time more efficiently.

All residents who currently use the Wellness Center **must** be set up on this system. The last week of September we will use some of our regular class times to offer assistance to get everyone signed up as well as a drop in day at the end of the week. The times are listed below. If you can't make it during these times, please let Wellness staff know and we can arrange a different time.

You will receive a welcome email prior to these meetings that walks you through the set up process. You are more than welcome to sign up ahead of time. Please bring your phone to the meeting as you may need it for set up. If you have any questions, please let us know and we will do our best to answer. Thank you for your patience and understanding as we navigate this new system.

Monday, Sept. 28th 8:00 am, 9:00 am, 10:00 am, 11:00 am

Tuesday, Sept. 29th 10:00 am

Wednesday, Sept. 30th 8:00 am, 9:00 am, 10:00 am, 11:00 am

Thursday, Oct. 1st 10:00 am

Friday, Oct. 2nd Drop-ins from 8:00 am – 12:00 pm

-FTJ Wellness Team



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Making A Difference Recognition



Amanda Vasquez– Clinical
With a ready smile and a can-do friendliness, Amanda goes the extra mile to help everyone she meets, including me. Thank you so much! (Resident)



Joe Getz– Clinical Services
At our summer concert, I saw Joe Getz spending time with one of our memory care residents. He wasn't simply standing; he was dancing with her to rock and roll music. I wasn't the only one who noticed. Several people commented to me about Joe and how moving it was to watch him bring so much happiness to someone whose world has changed so dramatically. Joe, thank you for reminding all of us what exceptional caregiving looks like. (Co-Worker)



Shirley Robbins – ARR,
Jon Swingle – Maintenance,
Traci Corbin – Housekeeping,
Malcom Nichols – Housekeeping

I want to recognize some employees who helped with the "Garage Sale". Shirley, who was the queen of organization and managed the process. Jon, who was the muscle and helper to set up. Traci and Malcolm, who helped staff with loading and deliveries to their homes. Katie took all the money. This is what makes FTJ so special! I believe Shirley ended up with \$2034 dollars being donated to Where Need is Greatest. Charities came in at the end of the week to take what did not sell. Thank you to everyone who assisted and made this a successful event! (Co-Worker)

This award is a shout out to employees for whom doing their job is routinely making every day meaningful. It recognizes Franke Tobey Jones' employees whose action are noted to exemplify any of the values listed in **“My Team Member Promise: Make Every Day Meaningful.”** These values reflect actions that promote quality of life for each **Resident**, teamwork among our employee **Team** and employee **Self** development!



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Hello! Here is this week's menu. We think you will love it!

DATE September 21st - September 27th Week 4

Morrison
LIVING

MONDAY BREAKFAST

Fresh Fruit Cup
Oatmeal
Cheesy Chive Scrambled Eggs
Applewood Bacon
Orange Muffin

TUESDAY BREAKFAST

Fresh Fruit Cup
Cream of Wheat
Scrambled Eggs
Applewood Bacon
French Toast

WEDNESDAY BREAKFAST

Fresh Fruit Cup
Grits
Rancher's Egg
Sausage Links
Buttermilk Pancakes

THURSDAY BREAKFAST

Fresh Fruit Cup
Oatmeal
Fresh Over Egg
Sausage Patty
Banana Bread

FRIDAY BREAKFAST

Fresh Fruit Cup
Cream of Wheat
Poached Egg
Applewood Bacon
Belgian Waffle

SATURDAY BREAKFAST

Fresh Fruit Cup
Oatmeal
Spanish Scramble Egg
Sausage Links
Banana Pancake

SUNDAY BREAKFAST

Fruit Cup
Grits
Scrambled Egg
Applewood Bacon
Cinnamon Roll

MONDAY LUNCH

Beef Orzo Soup
Garden Salad
Spinach Melon Salad
Shepherd's Pie
Cod Balsamic Fig Glazed
Barley Mushroom Pilaf
Creamed Spinach
Seasoned Green Beans
Wheat Roll
Sugar Cookies

TUESDAY LUNCH

Butternut Squash Soup
Garden Salad
Tomato Cucumber Salad
Chicken Cacciatore
Country Fried Steak
Whipped Potatoes
Basil Roasted Zucchini
Steamed Fresh Peas w/
Shallots
Corn Muffin
Bavarian Apple Tart

WEDNESDAY LUNCH

Creamy Curry Sweet
Potato Soup
Garden Salad
Fruit Cocktail Gelatin
Chicken & Pumpkin Stew
Salmon Ginger
Fried Rice
Fresh Squash w/ Thyme
Cabbage and Bok Choy
Wheat Roll
Red Velvet Cake

THURSDAY LUNCH

Cream of Broccoli Soup
Garden Salad
Creamy Cucumbers
Spaghetti and Meatballs
Grilled Shrimp
Saffron Corn Sauce
Spaghetti
Cauliflower Grits
Assorted Desserts

FRIDAY LUNCH

New England Clam Chowder
Garden Salad
Beet and Onion Salad
Chicken Breast Marsala
Pork Roast and Red Cabbage
Herbed Linguine
California Mix Vegetable
Breadstick
Chocolate Raspberry Cake

SATURDAY LUNCH

French Onion Soup
Garden Salad
Country Tomato Salad
Roasted Turkey
Crispy Baked Catfish
Whipped Potatoes
Glazed Carrots
Roasted Corn
Wheat Roll
Lemon Meringue Pie

SUNDAY LUNCH

White Chicken Chili
Garden Salad
Apple Craisin Slaw
Roasted Leg of Lamb
Grilled Balsamic Pork
Au Gratin Potatoes
Roasted Root Vegetables
Roasted Red and Yellow
Peppers
Wheat Roll
Cherry Pie

MONDAY DINNER

Split Pea Soup with Ham
Garden Salad
Chicken Salad Croissant
Coconut Shrimp
Potato Salad
Jasmine Rice
Crunchy Asian Slaw
Banana Chocolate Bread
Loaf

TUESDAY DINNER

Turkey Vegetable Soup
Garden Salad
Roast Beef Club on Rye
Alfredo Cheese
Tortellini
Fresh Potato Fries
Oven Roasted Brussels
Sprouts
Flan

WEDNESDAY DINNER

Mulligatawny Soup
Garden Salad
Turkeyburger w/ Onions
Pork Schnitzel
Mushroom Gravy
Tater Tots
BBQ Bacon Green Bean
Chocolate Layer Cake

THURSDAY DINNER

Chicken Lemon Rice
Soup
Garden Salad
Macaroni and Cheese
Baked Tilapia
Sandwich
Creamy Coleslaw
Onion Rings
Assorted Desserts

FRIDAY DINNER

Clam Chowder Soup
Garden Salad
Italian Hoagie
Spinach Feta Pie
Homemade Potato
Chips
Broiled Tomatoes
Mango Sorbet

SATURDAY DINNER

Cream of Potato Soup
Garden Salad
Tuna Salad Vegetable
Plate
Grilled Italian Chicken
Sandwich
Rosemary Potato
Wedges
Sauteed Onions and
Mushrooms
Chocolate Chip Cookies

SUNDAY DINNER

Tomato Basil Soup
Garden Salad
Black Bean Burger on
WW Bun
Penne Pasta w/
Sausage and Chard
Ridged Potato Chips
Fresh Steamed
Broccoli
Tiramisu