



Additions to the Bascom Library

Several new books have been added to the Bascom Library and are now on the shelves ready to be checked out.

The new selections are located on the New Arrivals shelves.



Vaccine Clinic

Thursday, October 22, 2026, 10:00am—12:00; 1:00—2:00pm
Care Center Gathering Room

The vaccination schedule is as follows:

Tobey Jones Building	10:00am—11:00am
Garden Apartments	11:00am—12:00pm
Bristol View & Duplexes	1:00pm — 2:00pm

Skilled Nursing, Memory Care and Assisted Living—

NO RSVP Required Vaccinations will happen in resident rooms throughout the day



You must RSVP by October 15 to sign up

We'll fill out the forms and questionnaire with you over the phone, so all you have to do is sign the form at the clinic.

You can receive the Covid, Flu and RSV vaccine at this clinic.

BV & DU residents: RSVP to Janel at 253-756-3248

Tobey Jones residents: RSVP to Shirley at 253-756-3242

Garden Apartment residents: RSVP to Adelia at 253-756-6278

Please be prepared to answer some questions on the form. You can sign the form on the day of vaccination.



FRANKE
TOBEY
JONES

Enjoy your age

Bistro Hours

Be sure to come between the hours of 9AM – 2PM to enjoy your favorite drink or snack. Closed daily: 11:15-11:45am for staff breaks.



Massage Therapy on Campus

Massage services include 30-60-90-120 minute massages ~ warm hand dips with hand massage ~ foot soaks with foot massage~ Royal hand & Foot Treatment which includes both services ~ neck & back session~

Massage Options Available:

- 50-Minute Session: \$60
- 80-Minute Session: \$90



Gift Certificates Available ~ Never too soon to think about the Holidays!

Credit ~ Debit ~ Apple Pay~ Venmo~ Zelle ~ Cash ~ Check

To Book an Appointment: Call **253-365-4645** to schedule your session and experience the benefits of massage therapy!



FRANKE
TOBEY
JONES

Enjoy your age

Resident Council Meeting

Resident council for October will be held in the Activity Terrace in the Lillian Pratt Building.

Please join us at **9:30am** on **Monday October 12.**

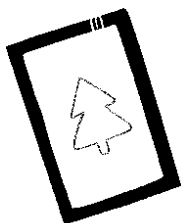
If you have questions, please reach out to Melissa Dempsey at 253-756-6366 or mdempsey@franketobeyjones.com.

Wellness Week Oct 12–16!

Join us for an inspiring week dedicated to mind, body, and community well-being! We have a full schedule of engaging activities designed to uplift and revitalize.

Don't miss our **Intergenerational Program on Thursday at 9:00 AM!** We warmly invite you to bring a grandchild or a young person in your life for a morning of connection, shared laughter, and meaningful activities across generations.

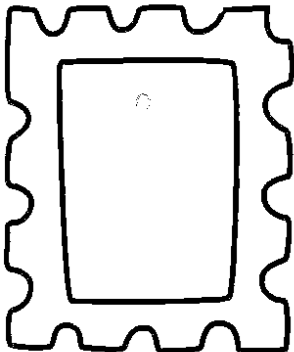
Refer to our Wellness Week brochures for details and to sign up.



**Sign a Christmas Card
for a Person in Prison!**

When: October 14th
1-3pm

Where: GA Lounge



Join Chaplain Adelia for an anonymous outreach project to those in prison. The goal of this project is to extend a gesture of humanity to those that are isolated in prison. This project is affiliated with a religious group, but all are welcome to participate.



FRANKIE
TOBEY
JONES

Hello! Here is this week's menu. We think you will love it!

DATE October 12th – October 18th Week 3

Morrison
LIVING

MONDAY BREAKFAST

Fresh Fruit Cup
Oatmeal
Scramble Eggs
Sausage Links
Home Fries
Blueberry Pancake

TUESDAY BREAKFAST

Fresh Fruit Cup
Cream of Wheat
Cheese Omelet
Breakfast Ham
Banana Bran Muffin

WEDNESDAY BREAKFAST

Fresh Fruit Cup
Grits
Beef Corned Hash
Fresh Over Egg
Wheat Toast

THURSDAY BREAKFAST

Fresh Fruit Cup
Cream of Wheat
Scrambled Egg
Applewood Bacon
Sweet Potato Home Fries
Plain Bagel

FRIDAY BREAKFAST

Fresh Fruit Cup
Oatmeal
Cheese Strata
Sausage Patty
Glorious Morning Muffin

SATURDAY BREAKFAST

Fresh Fruit Cup
Cream of Wheat
Eggs Benedict
Applewood Bacon
Home Fries
Texas French Toast

SUNDAY BREAKFAST

Fruit Cup
Grits
Scrambled Egg
Sausage Links
Cinnamon Roll

MONDAY LUNCH

Spanish Lentil Vegetable
Soup
Waldorf Salad
Garden Salad
Teriyaki Chicken
Orange Beef and Broccoli
Brown Rice
Asian Snap Peas
Sautéed Bok Choy
Wheat Roll
Frosted Orange Cake

TUESDAY LUNCH

Chicken and Sausage
Gumbo Soup
Confetti Coleslaw
Garden Salad
Spaghetti and Meat Sauce
Crispy Baked Cod
Dijonnaise Red Potatoes
Sautéed Swiss Chard
Roasted Herb Baby Carrots
Garlic Bread
Blueberry Buckle

WEDNESDAY LUNCH

Tomato Florentine Soup
Corn Salad
Garden Salad
Mojo Braised Pork
Chicken Piccata
Spanish Rice
Au Gratin Cauliflower
Roasted Tomatoes with Herbs
Dinner Roll
Cherry Pie

THURSDAY LUNCH

Elote Corn Soup
Arugula Honeydew Salad
Beef Stroganoff
Shrimp Scampi
Egg Noodles
Spicy and Crispy Green Beans
Fresh Yellow Squash
Wheat Roll
Assorted Desserts

FRIDAY LUNCH

New England Clam Chowder
Pea and Cheese Salad
Garden Salad
Cranberry Pork Loin
Turkey Pot Pie
Baked Potato
Fresh Steamed Broccoli
Roasted Cauliflower
Wheat Roll
Macaroon Bar

SATURDAY LUNCH

Chicken & Wild Rice Soup
Carrot Salad
Garden Salad
BBQ Tomato Beef Meatloaf
Italian Baked Pollock
Mashed Potatoes
Buttered Carrots
Zucchini and Mushrooms
Parmesan Breadstick
Ginger Pear Cake

SUNDAY LUNCH

Barley Mushroom Soup
Thai Cucumber Pickle
Chicken Coq Au Vin
Salisbury Swiss Steak
Roasted Red Potatoes
Steamed Green Peas
Sautéed Kale
Wheat Roll
Pecan Pie

MONDAY DINNER

Cream of Cauliflower
Garden Salad
Turkey Swiss Melt on Wheat
Tuna Noodle Casserole
Fresh Baked Sweet Potato Fries
Oven-Roasted Brussel Sprouts
Breadstick
Lemon Bar

TUESDAY DINNER

Sweet Potato Bisque
Garden Salad
Pastrami & Swiss Sandwich on Rye
Spinach & Mushroom Quiche
Fresh Potato Fries
Basil Roasted Zucchini
Caramel Apple Bread
Pudding

WEDNESDAY DINNER

French Onion Soup
Garden salad
Ham & Potato Casserole
Crispy Sesame Chicken
Soba Noodles
Orange Ginger Carrots
Dinner Roll
Pear Cobbler

THURSDAY DINNER

Homemade Chunky Vegetable Soup
Garden Salad
Stuffed Pepper with Brown Rice
Bratwurst on Bun
Warm German Potato Salad
Steamed Peas and Pearl Onions
Red Cabbage Salad
Macadamia Chip Cookie

FRIDAY DINNER

Clam Chowder Soup
Garden Salad
White Florentine Pizza
Beef Patty Melt
Fresh Potato Fries
Sautéed Spinach with Red Onions
Wheat Roll
Cappuccino Pudding

SATURDAY DINNER

Italian Wedding Soup
Garden Salad
Acapulco Chicken
Seafood Louis Plate
Herbed Couscous
Artichoke Hearts and Peppers
Hawaiian Roll
Mango Sorbet

SUNDAY DINNER

Tomato Rice Soup
Garden Salad
French Dip Sandwich
Baja Fish Taco
Parmesan Roasted Potato Wedges
Sautéed Onions and Mushrooms
Black Beans and Rice
Coconut Brownie