



Call to Veterans

Each year on Veterans Day we acknowledge FJT residents who served in the armed forces. If you have moved into the community in the last year, served in the armed forces and would like your name recognized, please reach out to Heidi White at hwhite@franketobeyjones.com or 253-756-6284. Please give your name and the branch of service you were in.

Vaccine Clinic

Thursday, October 22, 2026, 10:00am—12:00; 1:00—2:00pm
Care Center Gathering Room

The vaccination schedule is as follows:

Tobey Jones Building	10:00am—11:00am
Garden Apartments	11:00am—12:00pm
Bristol View & Duplexes	1:00pm — 2:00pm

Skilled Nursing, Memory Care and Assisted Living—
NO RSVP Required Vaccinations will happen in resident rooms throughout the day



You must RSVP by October 15 to sign up
We'll fill out the forms and questionnaire with you over the phone, so all you have to do is sign the form at the clinic.

You can receive the Covid, Flu and RSV vaccine at this clinic.

- BV & DU residents:** RSVP to Janel at 253-756-3248
 - Tobey Jones residents:** RSVP to Shirley at 253-756-3242
 - Garden Apartment residents:** RSVP to Adelia at 253-756-6278
- Please be prepared to answer some questions on the form. You can sign the form on the day of vaccination.

Ballroom Dance Returning

Classes will take place on **Wednesdays at 1:00 pm** in the Wellness Center beginning October 21st

Join us for an afternoon of music and movement. Whether you're a seasoned dancer or just want to sway along, we'll enjoy classic ballroom tunes and simple steps together. All fitness levels welcome. Chairs available for those who'd like to sit and enjoy the music instead.



Massage Therapy on Campus

Massage services include 30-60-90-120 minute massages ~ warm hand dips with hand massage ~ foot soaks with foot massage~ Royal hand & Foot Treatment which includes both services ~ neck & back session~

Massage Options Available:

50-Minute Session: \$60

80-Minute Session: \$90



Gift Certificates Available ~ Never too soon to think about the Holidays!

Credit ~ Debit ~ Apple Pay~ Venmo~ Zelle ~ Cash ~ Check

To Book an Appointment: Call **253-365-4645** to schedule your session and experience the benefits of massage therapy!



FRANKE
TOBEY
JONES

Enjoy your age

Making A Difference Recognition



Victoria Hotchkiss – Housekeeping

Victoria is very consistent with cleaning my room. She not only brings me fresh towels regularly, but she does a thorough job in my kitchen and bathroom. She is always on time even though we now have a full house. (Resident)



Sharrina Bennington – Dining

On Saturday, Sharrina was the lone server at lunch time, keeping up as much that was possible. Then more guests arrived. She kept her “Kool” and continued until help finally arrived. Good Job Sharrina! (Resident)



Ross Chen Johnson – Maintenance

Ross is a very kind and attentive member of the FTJ team. He has come to the rescue on more than one occasion when the TV in the Parlor has gone on the fritz. I had a lot of residents waiting to watch a movie and thanks to Ross, we were able to pick up where we left off. The residents and I really appreciated it! (Co-worker)



Lina Corpus – Housekeeping

She is very calm and friendly to both residents and members of the staff. She does her work perfectly while cleaning the rooms and talking nicely to the residents. She gives a smiling face to both residents and staff. (Co-worker)

A bright spot in each of my days here at FTJ has been the time I’ve spent with Lina. Not only does she do a beautiful job of keeping the room spotless, but she also brings her joyful attitude that has added so much to my time at FTJ. Thank you for that. (Resident)

This award is a shout out to employees for whom doing their job is routinely making every day meaningful. It recognizes Franke Tobey Jones’ employees whose action are noted to exemplify any of the values listed in **“My Team Member Promise: Make Every Day Meaningful.”** These values reflect actions that promote quality of life for each **Resident**, teamwork among our employee **Team** and employee **Self** development!



Hello! Here is this week’s menu. We think you will love it!

DATE October 19th - October 25th Week 4



MONDAY BREAKFAST

Fresh Fruit Cup
Oatmeal
Cheesy Chive Scrambled Eggs
Applewood Bacon
Orange Muffin

TUESDAY BREAKFAST

Fresh Fruit Cup
Cream of Wheat
Scrambled Eggs
Applewood Bacon
French Toast

WEDNESDAY BREAKFAST

Fresh Fruit Cup
Grits
Rancher’s Egg
Sausage Links
Buttermilk Pancakes

THURSDAY BREAKFAST

Fresh Fruit Cup
Oatmeal
Fresh Over Egg
Sausage Patty
Banana Bread

FRIDAY BREAKFAST

Fresh Fruit Cup
Cream of Wheat
Poached Egg
Applewood Bacon
Belgian Waffle

SATURDAY BREAKFAST

Fresh Fruit Cup
Oatmeal
Spanish Scramble Egg
Sausage Links
Banana Pancake

SUNDAY BREAKFAST

Fruit Cup
Grits
Scrambled Egg
Applewood Bacon
Cinnamon Roll

MONDAY LUNCH

Beef Orzo Soup
Garden Salad
Spinach Melon Salad
Shepherd’s Pie
Cod Balsamic Fig Glazed
Barley Mushroom Pilaf
Creamed Spinach
Seasoned Green Beans
Wheat Roll
Sugar Cookies

TUESDAY LUNCH

Butternut Squash Soup
Garden Salad
Tomato Cucumber Salad
Chicken Cacciatore
Country Fried Steak
Whipped Potatoes
Basil Roasted Zucchini
Steamed Fresh Peas w/
Shallots
Corn Muffin
Bavarian Apple Tart

WEDNESDAY LUNCH

Creamy Curry Sweet
Potato Soup
Garden Salad
Fruit Cocktail Gelatin
Chicken & Pumpkin Stew
Salmon Ginger
Fried Rice
Fresh Squash w/ Thyme
Cabbage and Bok Choy
Wheat Roll
Red Velvet Cake

THURSDAY LUNCH

Cream of Broccoli Soup
Garden Salad
Creamy Cucumbers
Spaghetti and Meatballs
Grilled Shrimp
Saffron Corn Sauce
Spaghetti
Cauliflower Grits
Assorted Desserts

FRIDAY LUNCH

New England Clam Chowder
Garden Salad
Beet and Onion Salad
Chicken Breast Marsala
Pork Roast and Red Cabbage
Herbed Linguine
California Mix Vegetable
Breadstick
Chocolate Raspberry Cake

SATURDAY LUNCH

French Onion Soup
Garden Salad
Country Tomato Salad
Roasted Turkey
Crispy Baked Catfish
Whipped Potatoes
Glazed Carrots
Roasted Corn
Wheat Roll
Lemon Meringue Pie

SUNDAY LUNCH

White Chicken Chili
Garden Salad
Apple Craisin Slaw
Roasted Leg of Lamb
Grilled Balsamic Pork
Au Gratin Potatoes
Roasted Root Vegetables
Roasted Red and Yellow
Peppers
Wheat Roll
Cherry Pie

MONDAY DINNER

Split Pea Soup with Ham
Garden Salad
Chicken Salad Croissant
Coconut Shrimp
Potato Salad
Jasmine Rice
Crunchy Asian Slaw
Banana Chocolate Bread
Loaf

TUESDAY DINNER

Turkey Vegetable Soup
Garden Salad
Roast Beef Club on Rye
Alfredo Cheese
Tortellini
Fresh Potato Fries
Oven Roasted Brussels
Sprouts
Flan

WEDNESDAY DINNER

Mulligatawny Soup
Garden Salad
Turkeyburger w/ Onions
Pork Schnitzel
Mushroom Gravy
Tater Tots
BBQ Bacon Green Bean
Chocolate Layer Cake

THURSDAY DINNER

Chicken Lemon Rice
Soup
Garden Salad
Macaroni and Cheese
Baked Tilapia
Sandwich
Creamy Coleslaw
Onion Rings
Assorted Desserts

FRIDAY DINNER

Clam Chowder Soup
Garden Salad
Italian Hoagie
Spinach Feta Pie
Homemade Potato
Chips
Broiled Tomatoes
Mango Sorbet

SATURDAY DINNER

Cream of Potato Soup
Garden Salad
Tuna Salad Vegetable
Plate
Grilled Italian Chicken
Sandwich
Rosemary Potato
Wedges
Sauteed Onions and
Mushrooms
Chocolate Chip Cookies

SUNDAY DINNER

Tomato Basil Soup
Garden Salad
Black Bean Burger on
WW Bun
Penne Pasta w/
Sausage and Chard
Ridged Potato Chips
Fresh Steamed
Broccoli
Tiramisu